

**About the Institution:** The Hyderabad Karnataka Education (HKE) society founded by Late Shri. Mahadevappa Rampure, a great visionary and educationist. The HKE Society runs 46 educational institutions. Poojya Doddappa Appa College of Engineering, Gulbarga is the first institution established by the society in 1958. The college is celebrating its golden jubilee year, setting new standards in the field of education and achieving greater heights. The college was started with 50% central assistance and 50% state assistance, and a desire to impart quality technical education to this part of Karnataka State. The initial intake was 120 with degree offered in three branches of engineering viz, Civil, Mechanical and Electrical Engineering. Now, it houses 11 undergraduate courses, 10 post Graduate courses and 12 Research centers, established in Civil Engg., Electronics & Communication Engg, Industrial & Production Engg, Mechanical Engg, Electrical Engg., Ceramic Cement Tech., Information Science & Engg., Instrumentation Technology, Automobile Engg., Computer Sc. and Engg., Mathematics and Chemistry All the courses are affiliated to Visveswaraya Technological University, Belgaum. At present the total intake at UG level is 980 and PG level 193.

The college receives grant in aid funds from state government. A number of projects have been approved by MHRD /AICTE, Govt. of India for modernization of laboratories. KSCST, Govt. of Karnataka is providing financial assistance regularly for the student's projects.

The National Board of Accreditation, New Delhi, has accredited the College in the year 2005-08 for 09 UG Courses out of which 08 courses are accredited for three years and 01 course is accredited for five years. And second time accredited for Six Course in the year 2009-2012

Our college is one among the 14 colleges selected under TEQIP, sponsored by World Bank. It has received a grant of Rs 10.454 Crores under this scheme for its development. The institution is selected for TEQIP phase II in year 2011 for four years. Institution is receiving a grant of Rs. 12.50 Crores under TEQIP Phase -II scheme for its development and selected for TEQIP-III as mentoring Institute for BIET Jhansi(UP).

Recognizing the excellent facilities, faculty, progressive outlook, high academic standards and record performance, the VTU Belgaum reposed abundant confidence in the capabilities of the College and the College was conferred Autonomous Status from the academic year 2007-08, to update its own programme and curriculum, to devise and conduct examinations, and to evaluate student's performance based on a system of continuous assessment. The academic programmers are designed and updated by a Board of Studies at the department level and Academic Council at the college level. These statutory bodies are constituted as per the guidelines of the VTU Belgaum. A separate examination section headed by a Controller of Examinations conducts the examinations.

At present the college has acquired the Academic autonomous status for both PG and UG courses from the academic year 2007-08 and it is one among the six colleges in the state of Karnataka to have autonomous status for both UG and PG courses.

One of the unique features of our college is, it is the first college in Karnataka State to start the Electronics and Communication Engineering branch way back in the year 1967, to join NIT Surathkal and IISc, Bangalore. Also, it is the only college in the state and one among the three colleges across the country, offering a course in Ceramic and Cement Technology. This is the outcome of understanding by faculty and management about the basic need of this region, keeping in view of the available raw material and existing Cement Industries.

Bharatiya Vidya Bhavan National Award for an Engineering College having Best Overall Performance for the year 2017 by ISTE (Indian Society for Technical Education). In the year 2000, the college was awarded as Best College of the year by KSCST, Bangalore in the state levelstudents projects exhibition.

The college campus is spread over 71 acres of land on either side of Mumbai-Chennai railway track and has a sprawling complex with gardens and greenery all around.

**About the department:** The Computer Science and Engineering department was started in the year 1984 with an intake of 40 students for UG. The department has seen phenomenal growth and now the department has increased UG intake to 120 students and offering two Post Graduation programmes: PG (Computer Science and Engineering with an intake of 25students) and PG(Computer Network and Engineering with an intake of 18 students). The department is offering research program under its recognized research center. Computer Science and Design course was started from 2021 with an intake of 60 students. The department is having state- of-the-art computing facilities with high speed internet facilities and laboratories. The department library provides useful resources like books and journals. The department has well qualified and experienced teaching faculty. The department has been conducting several faculty development programs and student training programs.

### Vision of the Institution

To be an institute of excellence in technical education and research to serve the needs of the industry and society at local and global levels.

### Mission of the Institution

- To provide a high quality educational experience for students with values and ethics that enables them to become leaders in their chosen professions.
- To explore, create and develop innovations in engineering and science through research and development activities.
- To provide beneficial service to the national and multinational industries and communitiesthrough educational, technical, and professional activities

### Vision of the Department

To become a premier department in Computer education, research and to prepare highlycompetent IT professionals to serve industry and society at local and global levels.

### **Mission of the Department**

- To impart high quality professional education to become a leader in Computer Scienceand Engineering.
- To achieve excellence in Research for contributing to the development of the society.
- To inculcate professional and ethical behaviour to serve the industry.

### **Program Educational Objectives (PEO):**

PEO1:	To prepare graduates with core competencies in mathematical and engineering fundamentals to solve and analyze computer science and engineering problems
PEO2:	To adapt to evolving technologies and tools for serving the society
PEO3:	To perform as team leader, effective communicator and socially responsible computer professional in multidisciplinary fields following ethical values
PEO4:	To encourage students to pursue higher studies, engage in research and to become entrepreneurs

### **Program Outcomes:**

**01.** Engineering knowledge: Apply the knowledge of mathematics, science, engineering fundamentals, and an engineering specialization to the solution of complex engineering problems.

**02. Problem analysis:** Identify, formulate, review research literature, and analyze complex engineering problems reaching substantiated conclusions using first principles of mathematics, natural sciences, and engineering sciences.

**03. Design/development of solutions:** Design solutions for complex engineering problems and design system components or processes that meet the specified needs with appropriate consideration for the public health and safety, and the cultural, societal, and environmental considerations.

**04. Conduct investigations of complex problems:** Use research-based knowledge and research methods including design of experiments, analysis and interpretation of data, and synthesis of the information to provide valid conclusions.

**05. Modern tool usage:** Create, select, and apply appropriate techniques, resources, and modern engineering and IT tools including prediction and modelling to complex engineering activities with an understanding of the limitations.

**06.** The engineer and society: Apply reasoning informed by the contextual knowledge to assess societal, health, safety, legal and cultural issues and the consequent responsibilities relevant to the professional engineering practice.

**07. Environment and sustainability:** Understand the impact of the professional engineering solutions in societal and environmental contexts, and demonstrate the knowledge of, and need for sustainable development.

**08. Ethics:** Apply ethical principles and commit to professional ethics and responsibilities and norms of the engineering practice.

**09. Individual and team work:** Function effectively as an individual, and as a member or leader in diverse teams, and in multidisciplinary settings.

**10. Communication:** Communicate effectively on complex engineering activities with the engineering community and with society at large, such as, being able to comprehend and write effective reports and design documentation, make effective presentations, and give and receive clear instructions.

**11. Project management and finance:** Demonstrate knowledge and understanding of the engineering and management principles and apply these to one,,s own work, as a member and leader in a team, to manage projects and in multidisciplinary environments.

**12.** Life-long learning: Recognize the need for, and have the preparation and ability to engage in independent and life-long learning in the broadest context of technological change.

### Program Specific Outcomes (PSOs):

PSO1:	Acquire competency in hardware and software working principles to analyze and solve computing problems.
PSO2:	Design quality software to develop scientific and business applications followingSoftware Engineering practices.
PSO3:	Apply cutting edge technologies using modern tools to find novel solutions ethicallyto existing problems.

#### Hyderabad Karnataka Education Society's Poojya Doddappa Appa Engineering College, Kalaburagi (An Autonomous Institution) Department of Computer Science & Engineering SCHEME OF TEACHING FOR IV SEMESTER (CSE)–22 SERIES for Academic 2023-2024 (Approved)

				Te Hou	aching rs/Weel	ζ.		E	xamina	tion		
Sl.No.	Course	Course Code	Course Title	Theory Lecture(L )	Tutorial(T)	Practical	Self Study(S)	Duration in hours	CIE Marks	SEE Marks	Total Marks	Credits
1	PCC	22CS41	Microprocessors and Microcontrollers	3	0	0	0	3	50	50	100	3
2	IPCC	22CS42	Database Management Systems	3	0	2	0	3	50	50	100	4
3	IPCC	22CS43	Analysis and Design of Algorithms	3	0	2	0	3	50	50	100	4
4	PCCL	22CSL44	Microprocessors and Microcontrollers Lab	0	0	2	0	3	50	50	100	1
5	ESC	22CS45A	Finite Automata and Formal Languages	3	0	0	0	3	50	50	100	3
6	BSC	22BSC46	Biology for Engineers	3	0	0	0	3	50	50	100	3
7	UHV	22UHV47	Universal Human Values	0	2	0	0	2	50	50	100	1
8	AEC	22CSAE481	Web Application Development	0	0	2	0	3	50	50	100	1
9		22NS49	National Service Scheme(NSS)									
10	NCMC	22PE49	Physical Education(PE)Sports & Athletics	0	0	2	0	0	50	0	50	0
11		22YO49	Yoga	1								
			Total	15	2	10	0	23	450	400	850	20

**BSC**: Basic Science Course, **IPCC**: Integrated Professional Core Course, **PCC**: Professional Core Course, **ESC**: Engineering Science Course, **UHV**: Universal Human Values, **AEC** : Ability Enhancement Course, **NCMC**: Non-Credit Mandatory Course.

Course Title: MICROPROCESSORS AND MICROCONTROLLERS						
Subject Code : 22CS41	Credits :03	CIE: 50				
Number of Lecture Hours/Week (L:T:P)	3:0:0 Hrs	SEE: 50				
Total Number of Lecture Hours	42	SEE Hours: 03				
Prerequisites: Basic Electronics						
<ul> <li>Course objectives:</li> <li>Explore the microprocessor architecture and its instruction set.</li> <li>Develop skills for programming in Assembly language.</li> <li>Interface Peripheral devices with 8086 Microprocessor and ARM Processor</li> </ul>						
MODU	LES	Teaching Hours				
Module -	I					
<ul> <li>The 8086/8088 Processors : Architecture of 8086 microprocessor, Signal Descriptions of 8086, Physical Memory Organization, Minimum and Maximum Mode 8086 System and Timings, The Processor 8088.</li> <li>8086/8088 Instruction Set Assembler Directives : Machine Language Instruction Formats, Addressing Modes of 8086, Instruction Set of 8086/8088, Assembler Directives and Operation.</li> </ul>						
Module-I	I					
<ul> <li>Assembly Language Programming with 8086/8088: A Few Machine Level Programs, Machine Coding the Programs, Programming with an Assembler, Assembly Language Example Programs.</li> <li>Special Architectural Features and Related Programming: Introduction to stack, stack structure of 8086/88, interrupts and interrupt service routines, Interrupt cycle of 8086/88, Non maskable interrupt, Maskable interrupt, Interrupt programming.</li> </ul>						
Module-II	I					
<ul> <li>Special Architectural Features and Related Programming Cont: passing parameter to procedures, MACROs, Timings and Delays.</li> <li>Basic Peripherals and their Interfacing with 8086/88: Semiconductor Memory interfacing, Dynamic RAM interfacing, Interfacing I/O ports, P/O 8255, Modes of operations of 8255. Interfacing Analog to digital Converter, Interfacing Digital to Analog Converter.</li> </ul>						
Module-IV						
Nicrocontrollers-Types of Microcontrollers-Criteria for selecting a microcontroller-Example Applications. Characteristics and Resources of a microcontroller. Organization and design of these resources in a typical microcontroller-8051.8051Architecture, signal description of 8051, register set of 8051, psw of 8051, memory and I/O addressing by 8051, interrupts and stack of 8051, 8051 instruction set						
Module-V						
ARM Processor Fundamentals: Registers, Current Program Status Register,						
<b>ARM Instruction Set:</b> Data Processing Instructions, Branch Instructions, Software						

Interrupt Instru	actions	Program	Status	Register	Instructions	Co	processor	09 Hrs
Instructions I of	ictions,	notonto Sir		Register		, C0	processor	07 1115
Instructions, Loading Constants, Simple programming exercises.								
Thumb instruction set: Thumb Register usage, ARM-Thumb interworking, other								
branch instructions, Data Processing instructions, single-Register Load-Store								
interrupt instruct	tion	gister Loa	u-Store	Instructio	ils, stack illstr	uction	s, sonware	
Ouestion naner	nattern	•						
The question paper	per will l	, nave ten du	estions					
There will be 2 c	mestions	from each	module.	covering	all the topics	from a	module	
The students will	have to a	nswer 5 fu	ll questi	ons. select	ing one full a	uestior	from each r	nodule.
Text Books:			1	,				
1. Bhurchandi	and Ray.	Advanced	Microp	processors	and Periphera	ils, Th	ird Edition N	/IcGraw
Hill, 2012			1		Ĩ	,		
2. Raj Kamal,	Microcon	ntrollers: A	rchitect	ure, Progr	amming, Inter	facing	g and System	Design,
Pearson Edu	cation, 2	.011.						
3. ARM System	m Develo	oper's Gui	de, And	rew N.Slo	ss, Dominic S	ymes,	Chris Wrigh	nt, Elsevier
2014								
<b>Reference Book</b>	s:							
1. Barry B. Brey	, The Int	el Micropr	ocessors	s – Archite	ecture, Progra	mming	g and Interfa	cing,
Eighth Editio	n, Pearso	on Education	on, 2015	i				
2. A. Nagoor Ka	ni, Micro	oprocessors	s and M	icrocontro	ollers, Second	Editio	n, Tata McG	raw Hill, 2012
Course outcome	es:							
On completion of the course, the student will have the ability to:								
	<u> </u>		2 4					
Course	CO #	Course (	Jutcom	e (CO)				
Code								
	CO1	Describe	internal	archited	ture of 808	6/8088	8 microprod	cessors and
	001	demonstra	te instru	iction set a	and assembler	direct	ives.	
22CS41	CO2	Demonstra	ate asser	mbly lang	lage proficien	cy usi	ng various a	ddressing
		modes, da	ta transf	er instruct	tions and stack	Κ.		
	CO3	Design har	rdware i	interfacing	gusing the mi	cropro	cessor.	
	CO4	Describe i	nternal a	architectu	re, register org	ganizat	ion of 8051	
		microcont	roller					
	CO5	Describe /	ARM pr	ocessor ar	d demonstrate	- instri	iction set pro	ogram
	005	Describer	arm hi	occasor al	a acmonstrati		action set pro	51am.

Course Title: DATABASE MANAGEMENT SYSTEM DESIGN							
Subject Code : 22CS42	Credit :4	CIE: 50					
Number of Lecture Hours/Week (L:T:P)	3:0:2 Hrs	SEE: 50					
Total Number of Lecture Hours	42	SEE Hours: 03					
Prerequisites: knowledge of C, C++ Program	nming Principles, Data Structures						
Course Objectives: <ul> <li>Learn and practice data modeling usin</li> <li>Understand the use of SQL</li> <li>Understand the functional depended</li> <li>Understand the online transaction</li> </ul>	<ul> <li>Course Objectives:</li> <li>Learn and practice data modeling using entity relationship and developing database design</li> <li>Understand the use of SQL</li> <li>Understand the functional dependency and Normalization Techniques.</li> <li>Understand the online transaction processing and recovery methods.</li> </ul>						
MODULES	8	Teaching Hours					
Module I Introduction: An example, Characteristics the screen, Workers behind the scene, Advan brief history of database applications, when schemas and instances, Three-schema arch Database languages and interfaces. Entity-I Level Conceptual Data Models for Databas Application, Entity Types, Entity Sets, Attrib Relationship Sets, Roles and Structural Const	09 Hrs						
Module II Refining the ER Design, ER Diagrams, N Issues, Relationship types of degree higher th and Inheritance, Specialization and Ger Relational Model Concepts, Relational M Database Schemas, The Relational Algebra and	08 hours						
Module II SQL: Schema Definition, Constraints, Queri Techniques. Database Design - 1: Inform Schemas, Functional Dependencies, And Norr General Definitions of Second and Third Normal	08 hours						
Module IV Database Design – 2: Properties of Relational Decompositions, Algorithms for Relational Database Schema Design, Multivalued Dependencies and Fourth Normal Form, Join Dependencies and Fifth Normal Form, Inclusion Dependencies, Other Dependencies and Normal Forms Transaction Processing Concepts: Introduction to Transaction Processing, Transaction and System Concepts, Desirable Properties of Transactions, Characterizing Schedules Based on Recoverability, Characterizing Schedules Based on Serializability, Transaction Support in SQL. Concurrency Control Techniques: Two- Phase Locking Techniques for Concurrency Control, Concurrency Control Based on Timestamp Ordering, Multiversion Concurrency Control Techniques Vehicle for Concurrency Control							

Module V						
Transaction Processing contdGranularity of Data items and Multiple Granularity Locking, Using Locks for Concurrency Control in Indexes. Database Recovery Techniques : Recovery Concepts, Recovery Techniques Based on Deferred Update, Recovery Techniques Based on Immediate Update, Shadow Paging, The ARIES Recovery Algorithm Recovery in Multi database Systems, Database Backup and Recovery from Catastrophic Failures. Database Security and Authorization: Introduction to Database Security Issues, Discretionary Access Control Based on Granting and Revoking Privileges.O8 hoursLIST OF EXPERIMENTS:						
<ol> <li>Implementation of DDL commands of SQL with suitable examples.</li> <li>Create table</li> <li>Alter table</li> <li>Drop Table</li> <li>Implementation of DML commands of SQL with suitable examples</li> </ol>						
<ul> <li>Insert</li> <li>Update</li> <li>Delete</li> <li>Implementation of different types of function with suitable examples</li> </ul>						
<ul> <li>Number function</li> <li>Aggregate Function</li> <li>Character Function</li> <li>Conversion Function</li> <li>Date Function</li> </ul>						
4. Implementation of different types of operators in SQL						
<ul> <li>Arithmetic Operators</li> <li>Logical Operators</li> <li>Comparison Operator</li> <li>Special Operator</li> <li>Set Operation</li> <li>5. Implementation of different types of Joins</li> </ul>						
<ul> <li>Inner Join</li> <li>Outer Join</li> <li>Natural Join etc</li> <li>Study and Implementation of</li> </ul>						
<ul> <li>Group By &amp; having clause</li> <li>Order by clause</li> <li>Indexing</li> </ul>						
<ul> <li>7. Study &amp; Implementation of</li> <li>Sub queries</li> <li>Views</li> </ul>						
<ol> <li>Study &amp; Implementation of different types of constraints.</li> <li>Study &amp; Implementation of Database Backup &amp; Recovery commands, I Savepoint.</li> </ol>	Rollback, Commit,					
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- 10. Creating Database /Table Space, Managing Users: Create User, Delete User, Managing roles:-Grant, Revoke
- 11. Study & Implementation of PL/SQL.
- 12. Study & Implementation of SQL Triggers.

**Mini project** (Application Development using: Front end: VB/VC ++/JAVA or Equivalent Back end: Oracle / SQL / MySQL/ PostGress / DB2 or Equivalent).

- 1. Inventory Control System.
- 2. Core Banking system
- 3. Hospital Management System.
- 4. Railway Reservation System.
- 5. Personal Information System.
- 6. Web Based User Identification System.
- 7. Timetable Management System.
- 8. Hotel Management System.
- 9. Library management
- 10. Electricity bill.
- 11. Hostel management.
- 12. Air reservation
- 13. Company management system.
- 14. Student information system.
- 15. University database system.

### **Guidelines for implementation of mini project**

- 1. Draw ER Diagram.
- 2. Convert ER diagram to table/schema.
- 3. Apply normalization.
- 4. Design and implementation.
- 5. Generate report.

### Note: Mini Projects will be considered for CIE and SEE

### **Question paper pattern:**

The question paper will have ten questions.

There will be 2 questions from each module, covering all the topics from a module.

The students will have to answer 5 full questions, selecting one full question from each module.

### Text books:

- 1. Fundamentals of Database Systems Elmasri and Navathe, 7<sup>th</sup> Edition,Addison- Wesley, 2016.
- SQL The Complete Reference- James R Groff, Paul N.Weinberg and Andrew J.Oppel, 3<sup>rd</sup> Edition, Mc-Graw Hill, 2009. (Module-II)

### **Reference Books:**

- 1. Data Base System Concepts- Silberschatz, Korth and Sudharshan, 5<sup>th</sup> Edition, Mc-Graw Hill, 2006.
- 2. Database Management Systems -Raghu Ramakrishn anand Johannes Gehrke 3<sup>rd</sup> Edition. MCSraw- Hill, 2003.
- **3.** An Introduction to Database Systems C.J. Date, A. Kannan, S. Swamynatham, 8<sup>th</sup> Edition, Pearson Education, 2006.

#### Course outcomes: On completion of the course, the student will have the ability to:

Course	<b>CO</b> #	Course Outcome (CO)
Code		
	CO1	Understand the fundamentals and applications of data base management system.
	CO2	Implement and Interact database with SQL statements.
22CS42	CO3	Design data base by applying ER diagram, relational model, functional dependency and Normalization Techniques
	CO4	Illustrate and understand the basic issues of transaction processing and concurrency control.
	CO5	Demonstrate different recovery techniques and security issues

Course Title: ANALYSIS AND DESIGN OF ALGORITHMS				
Subject Code : 22CS43	Credits :04	CIE: 50		
Number of Lecture Hours/Week (L:T:P)	3:0:2 Hrs	<b>SEE: 50</b>		
Total Number of Lecture Hours	42	SEE Hours: 03		
Prerequisites: Data structures, C Programm	ning			
Course objectives:				
Analyze the asymptotic performance	e of the algorithms in time and space	domain.		
• Introduce various algorithm design t	echniques.			
MODU	LES	Teaching		
Madal		Hours		
Introduction: Algorithm, Fundamentals Important problem Types, Fundamental Analysis of Algorithm Efficiency, Analysis Basic Efficiency Classes, Mathematical ar Algorithms, Examples- Fibonacci Numbers	ng, the <b>09 Hrs</b> and ive			
Mo	odule- II			
Brute Force: Introduction, Selection sor	t, Bubble Sort, Sequential search a	and		
Brute-Force String Matching, Exhaustive	Search, Depth first search and Brea	dth		
First search.	08 Hrs			
<b>Decrease &amp; Conquer</b> : Introduction, Insert Algorithms for Generating Combinatorial of				
Mo	dule-III			
Divide & Conquer : Introduction, Merge	Sort, Quick Sort, Binary search, Bin	ary		
tree traversals & related properties, Mult	tiplication of large integers & Stresse	en's		
Matrix Multiplication.		09 Hrs		
<b>Transform &amp; Conquer :</b> Introduction, I Trees, Heaps and Heap Sort, Problem Redu <b>Space &amp; Time Tradeoffs :</b> Sorting by C matching, Hashing.	Presorting, Balanced Search Trees, a ction, Counting, Input Enhancement in Str	2-3 ing		
Module-I	V			
Dynamic Programming: Introduction, 7	Three basic examples, The Knaps	ack		
Problem and Memory Functions, Optima	l binary search trees, Warshall's a	and 08 Hrs		
Floyd's Algorithm.				
<b>Greedy Techniques</b> : Introduction, Minimum Spanning Tree, Prim's Algorithm, Kruskal's Algorithm, Dijkstra's Algorithm, Huffman trees and codes .				
Module-				
Limitations of Algorithms Power: Intr	nts, 08 Hrs			
Decision Trees, P, NP, and NP – Complete I				
<b>Coping with the limitations of Algorit</b> problem, Hamiltonian circuit problem, Sub <b>and Bound :</b> The assignment problem , K problem.	<b>hm Power:</b> Backtracking, N-Quee oset problem, General remarks. <b>Bran</b> napsack problem, Travelling sales n	n"s <b>ach</b> aan		

### List of Programs Using C / C++

- 1. Write a C Program to find GCD using Euclid's, Middle School procedure, Prime Factorization algorithm
- 2. Write a C Program to Sort a given set of elements using Selection sort and determine the time required to sort elements.
- 3. Write a C Program to Check whether a given graph is connected or not usingDFS method.
- 4. Write a C Program to Print all the nodes reachable from a given starting node ina digraph using BFS method.
- 5. Write a C Program to sort a given set of elements using Merge sort method anddetermine the time required to sort the elements.
- 6.Write a C Program to Sort a given set of elements using Quick sort method anddetermine the time required to sort the elements.
- 7. Write a C Program to implement Recursive Binary search and linear search and determine the time required to search an element.
- 8.Write a C Program to Sort a given set of elements using Insertion sort and determine the time required to sort elements.
- 9. Write a C Program to Sort a given set of elements using the Heap sort methodand determine the time required to sort the elements.
- 10. Write a C Program to Implement Horspool algorithm for String Matching.
- 11. Write a C Program to implement 0/1 Knapsack problem using dynamic programming problem.
- 12. Write a C Program to Implement Floyd's algorithm for the All-Pairs Shortest-paths.
- 13. Write a C Program to Find Minimum Cost Spanning Tree of a given undirected graph using Kruskal's algorithm.
- 14. Write a C Program to Implement N Queen's problem using Back Tracking.

### **Question paper pattern:**

The question paper will have ten questions.

There will be 2 questions from each module, covering all the topics from a module.

The students will have to answer 5 full questions, selecting one full question from each module.

### Text books:

1. Anany Levitin, "Introduction to the Design & Analysis of Algorithm ", 3<sup>rd</sup> Edition, Pearson Edition, 2017.

### **Reference Books:**

- 1. Thomas H. Cormen, Charles E. Leiserson, Ronal L. Rivest, Clifford Stein, "Introduction Algorithm", 4<sup>th</sup> Edition, PHI, 2022.
- 2. Horowitz E, Sahni S., Rajasekaran S., "Computer Algorithms", 2<sup>nd</sup> Edition, Galgotia Publications, 2008.

Course outcomes: On completion of the course, the student will have the ability to:						
Course Code	<b>CO</b> #	Course Outcome (CO)				
	C01	Explain fundamental ideas used for designing and analyzing Algorithms.				
22 (512)	CO2	Demonstrate Brute Force, Decrease & Conquer techniques and analyze the performance of algorithms.				
22C843	CO3	Demonstrate design of Divide-and-Conquer, Transform & Conquer algorithms and their efficiencies.				
	CO4	Apply Dynamic Programming and Greedy Techniques to solve various graph problems efficiently.				
	CO5	Describe Limitations of algorithms power and illustrate Backtracking, Branch-and-Bound algorithms to solve recursive and computational problems.				

Course Title: MICROPROCESSORS AND MIC	CROCONTROLLERS LAB	
Subject Code : 22CSL44	Credits :01	CIE: 50
Number of Practical Hours/Week/batch	0:0:2 Hrs	SEE: 50
(L:1:P)		SEE Hours: 03
Prerequisite: C Programming		
1 Explore the Microprocessor and Micro controll	ler Architecture	
2. Explore Instruction set to develop assembly lar	iguage program	
3. Demonstrate peripheral device interface		
List of F	Programs	
1. Design an ALP to perform basic arithmetic oper	ration.	
2. Design an ALP to separate even and odd numbe	ers from an array.	
3. Design an ALP to find Factorial of a given 8-bit	t number.	
4. Design an ALP to generate first 'n' Fibonacci se	eries.	
5. Design an ALP to count the number of 0's and 1	l's in a given number.	
6. Design an ALP to create a file and delete an exi	sting file.	
7. Design an ALP to display the list of alphabets of	n the screen.	
<ul> <li>8. Design and develop an assembly language programation 16-bit numbers. Adopt linear search algorithm in 9. Design and develop an assembly program to some ascending order. Adopt Bubble Sort algorithm to 10. Develop an assembly language program to contrast "n" and "r" are non-negative integers.</li> </ul>	ram to search a key element "? n your program for searching. rt a given set of "n" 16- bit nur o sort given elements. npute nCr using recursive proc	X" in a list of "n" nbers in redure. Assume
<ol> <li>Design and develop an assembly program to int Using ARM TTDMI / LPC2148.</li> <li>Design and develop an assembly program to TTDMI / LPC2148</li> <li>Design and develop an assembly program to motor in specified direction (clockwise or count specified by the examiner). Introduce suitable do value for the delay may be assumed by the stude</li> </ol>	erface 4*4 matrix keyboard. o implement the buzzer using A o drive a Stepper Motor interfa er- clockwise) by N steps (Dir elay between successive steps. ent) using ARM TTDMI/LPC2	ARM ce and rotate the ection and N are (Any arbitrary 2148.
<ol> <li>Design and develop an assembly language p         <ul> <li>Generate the Sine Wave using DAC intedisplayed on the CRO).</li> <li>Generate a Half Rectified Sine wave for ARMTTDMI/LPC2148.</li> </ul> </li> <li>To interface LCD with ARM processor ARM programs in C language for displaying text mest</li> </ol>	orogram to erface (The output of the DAC rm using the DAC interface.) U M7TDMI/LPC2148. Write and ssages and numbers on LCD	t is to be Jsing I execute

Course	CO #	Course Outcome (CO)
Code		
	CO1	Develop ALP to implement arithmetic operations using 8086 microprocessor.
22CSL44	CO2	Design and develop assembly programs using 8086 DOS functions, subroutines and macros in assembly language
	CO3	Develop ALP for searching and sorting using 8086 microprocessor.
	CO4	Design and interface different peripherals with ARM.
	CO5	Design and interface for DAC and LCD.

Course Title: FINITE AUTOMATA AND FORMAL LANGUAGES		
Subject Code :22CS45A	Credit : 3	CIE: 50
Number of Lecture Hours/Week(L:T:P)3:0:0 HrsSEE: 5		SEE: 50
Total Number of Lecture Hours42SEE Hours:		
Pre-requisites: Mathematical Foundations of	Computer Science	
<ul> <li>Course objectives:</li> <li>To gain an understanding of automata</li> </ul>	a theory principles	
Familiarize applications of automata	theory in compiler construction and	text processing.
Module		Hours
Module		
<b>Introduction to Finite Automata:</b> Introduction concepts of Automata theory; Determinis	action to Finite Automata, The centric finite automata, Nondetermini	stic
finite automata, An application of finite aut transitions.	tomata, Finite automata with Epsilo	on- <b>09 Hrs</b>
Module	II	
<b>Regular Expressions, Regular Languages</b>	and Properties: Regular expressions	ons,
<b>Regular Languages and Properties:</b> Reg	ular languages, Proving languages	not
to be regular languages, Closure properties of regular languages.		08 Hrs
Module III		
Properties of Regular Languages and	Context Free Grammars: Decis	sion
properties of regular languages, Equivale	ence and minimization of autom	ata.
trees Applications Ambiguity in grammars and Languages		arse 08 Hrs
Module IV		
Pushdown automata: Definition of the Pu	shdown automata. The languages o	of a
PDA; Equivalence of PDA's and CFG's,	Deterministic Pushdown Automa	ata. <b>09 Hrs</b>
Properties of context-free languages: Normal forms for CFGs, The pumping		
lemmafor CFGs, Closure properties of CFL.		
Module V		D1
<b>Introduction to Turing Machine:</b> Problem turning machine. Programming techniques	for Turning Machines Extensions	ne s to
the basic Turning Machines, Turing Machine	ne and Computers.	08 Hrs
Undecideability: A Language that is	not recursively enumerable,	An
Undecidable problem that is RE, Post	's Correspondence problem, Ot	her
undecidable problems.		
The question paper will have ten questions		
There will be 2 questions from each module,	, covering all the topics from a mod	ule.
The students will have to answer 5 full questions, selecting one full question from each module.		
Text books:		
1. Introduction to Automata Theory, Lang	uages and Computation – John E.	Hopcroft,
Rajeev Motwani, Jenrey D.Uliman:, 3 <sup>rd</sup> Edition, Pearson education, 2007.		

### **Reference Books:**

1. Raymond Greenlaw, H.JamesHoove, Morgan Kaufmann, Fundamentals of the Theory of Computation: Principles and Practice –, 1998.

2. John C Martin, Introduction to Languages and Automata Theory –3<sup>rd</sup> Edition, Tata McGraw-Hill, 2007.

3. Daniel I.A. Cohen, Introduction to Computer Theory  $-2^{nd}$  Edition, John Wiley & Sons,2004.

4. Thomas A. Sudkamp, An Introduction to the Theory of Computer Science, Languages and Machines –3<sup>rd</sup>Edition, Pearson Education, 2006.

Course outcom On completion	es: of the cour	se, the student will have the ability to:
Course         CO #         Course Outcome (CO)		Course Outcome (CO)
Code		
	C01	Design Deterministic and non Deterministic finite automata for a Given language and identify related applications in text processing.
2205454	CO2	Construct Regular expressions for given language and describe properties of regular language.
22C545A	CO3	Develop Context Free Grammar and illustrate with its applications
	CO4	Design PDA, discuss equivalence of CFG and PDA and explain Properties of Context Free Languages.
	CO5	Illustrate Turing machine concepts and its variants and the notion of undecidability.

Course Title: BIOLOGY FOR ENGINEERS			
Subject Code : 22BSC46	Credit : 3	CIE: 50	
Number of Lecture Hours/Week(L:T:P)	3:0:0 Hrs	SEE: 50	
<b>Total Number of Lecture Hours</b>	42	SEE Hours: 03	
<b>Pre-requisites:</b> Basic Science			

#### **Course objectives:**

- To familiarize the students with the basic biological concepts and their engineering Applications.
- To enable the students with an understanding of biodesign principles to create novel devices and structures.
- To provide the students an appreciation of how biological systems can be re- designed as substitute products for natural systems.
- To motivate the students to develop interdisciplinary vision of biological engineering.

### **Teaching-Learning Process(General Instructions)**

These are sample Strategies, which teachers can use to accelerate the attainment of the various course outcomes.

1. Explanation via real life problem, situation modelling, and deliberation of solutions, hands-on sessions, reflective and questioning /inquiry-based teaching.

2. Instructions with interactions in classroom lectures (physical/hybrid).

- 3. Use of ICT tools, including YouTube videos, related MOOCs, AR/VR/MR tools.
- 4. Flipped classroom sessions (~10% of the classes).
- 5. Industrial visits, Guests talks and competitions for learning beyond the syllabus.

6. Students' participation through audio-video based content creation for the syllabus (as assignments).

7. Use of gamification tools (in both physical/hybrid classes) for creative learning outcomes.

8. Students' seminars (in solo or group) /oral presentations

	<b>T</b> 1.
Modules	Teaching
	Hours
Module-I	
Introduction To Biology: The cell: the basic unit of life, Structure and	
functions of a cell. The Plant Cell and animal cell, Prokaryotic and	
Eukaryotic cell, Stem cells and their application. Biomolecules: Properties	<b>08 Hrs</b>
and functions of Carbohydrates, Nucleic acids, proteins, lipids. Importance	
of special biomolecules; Enzymes (Classification (with one example	
each), Properties and functions), vitamins and hormones.	
Module-II	
Biomolecules And Their Applications (Qualitative) : Carbohydrates	
(cellulose-based water filters, PHA and PLA as bioplastics), Nucleic acids	
(DNA Vaccine for Rabies and RNA vaccines for Covid19, Forensics –	<b>08 Hrs</b>
DNA fingerprinting), Proteins (Proteins as food – whey protein and meat	
analogs, Plant based proteins), lipids (biodiesel, cleaning	
agents/detergents), Enzymes (glucoseoxidase in biosensors, lignolytic	
enzyme in bio-bleaching).	

Module-III	
Human Organ Systems And Bio Designs (Qualitative): Brain as a CPU system (architecture, CNS and Peripheral Nervous System, signal transmission, EEG, Robotic arms for prosthetics. Engineering solutions for Parkinson's disease).Eye as a Camera system (architecture of rod and cone cells, optical corrections, cataract, lens materials, bionic eye). Heart as a pump system (architecture, electrical signalling - ECG monitoring and heart related issues, reasons for blockages of blood vessels, design of stents, pace makers, defibrillators). Lungs as purification system (architecture, gas exchange mechanisms, spirometry, abnormal lung physiology - COPD, Ventilators, Heart-lung machine). Kidney as a filtration system (architecture, mechanism of filtration, CKD, dialysis systems).	09 Hrs
Module-IV	
Nature-Bioinspired Materials And Mechanisms (Qualitative): Echolocation (ultrasonography, sonars), Photosynthesis (photovoltaic cells, bionic leaf). Bird flying (GPS and aircrafts), Lotus leaf effect (Super hydrophobic and self-cleaning surfaces), Plant burrs (Velcro), Shark skin (Friction reducing swim suits), Kingfisher beak (Bullet train). Human Blood substitutes - hemoglobin-based oxygen carriers (HBOCs) and perflourocarbons (PFCs)	08 Hrs
Module-V	
<b>Trends In Bioengineering (Qualitative):</b> Muscular and Skeletal Systems as scaffolds (architecture, mechanisms, bioengineering solutions for muscular dystrophy and osteoporosis), scaffolds and tissue engineering, Bioprinting techniques and materials, 3D printing of ear, bone and skin. 3D printed foods. Electrical tongue and electrical nose in food science, DNA origami and Biocomputing, Bioimaging and Artificial Intelligence for disease diagnosis. Self healing Bioconcrete (based on bacillus spores, calcium lactate nutrients and biomineralization processes) and Bioremediation and Biomining via microbial surface adsorption (removal of heavy metals like Lead, Cadmium, Mercury, Arsenic).	09 Hrs
Question paper pattern:	
The question paper will have ten questions. There will be 2 questions from each module, covering all the topics from a m The students will have to answer 5 full questions, selecting one full question	odule. from each module.
<ul> <li>Text books:</li> <li>Suggested Learning Resources: Books</li> <li>1. Biology for Engineers, Rajendra Singh C and Rathnakar Rao N, Publishin</li> <li>2. Human Physiology, Stuart Fox, Krista Rompolski, McGraw-Hill eBook. 1</li> <li>3. Biology for Engineers, Thyagarajan S., Selvamurugan N., Rajesh M.P., Na Thilagaraj W., Barathi S., and Jaganthan M.K., Tata McGraw-Hill, New De</li> <li>4. Biology for Engineers, Arthur T. Johnson, CRC Press, Taylor and Francis</li> <li>5. Biomedical Instrumentation, Leslie Cromwell, Prentice Hall 2011.</li> <li>6. Biology for Engineers, Sohini Singh and Tanu Allen, Vayu Education of I</li> </ul>	g, Bengaluru, 2023. 6th Edition, 2022. azeer R.A., lhi, 2012. , 2011.
<ul><li>2014</li><li>7. Biomimetics: Nature-Based Innovation, Yoseph Bar-Cohen, 1st edition, 2</li></ul>	012, CRC Press.

8. Bio-Inspired Artificial Intelligence: Theories, Methods and Technologies, D. Floreano and C. Mattiussi, MIT Press, 2008.

9. Bioremediation of heavy metals: bacterial participation, by C R Sunilkumar, N Geetha A C Udayashankar Lambert Academic Publishing, 2019.

10. 3D Bioprinting: Fundamentals, Principles and Applications by Ibrahim Ozbolat, Academic Press, 2016.

11. Electronic Noses and Tongues in Food Science, Maria Rodriguez Mende, Academic Press, 2016

### Web links and Video Lectures (e-Resources):

- https://nptel.ac.in/courses/121106008
- https://freevideolectures.com/course/4877/nptel-biology-engineers-other-non-biologists
- https://ocw.mit.edu/courses/20-020-introduction-to-biological-engineering-design-spring-2009
- https://ocw.mit.edu/courses/20-010j-introduction-to-bioengineering-be-010j-spring-2006
- https://www.coursera.org/courses?query=biology
- https://onlinecourses.nptel.ac.in/noc19\_ge31/preview
- https://www.classcentral.com/subject/biology
- https://www.futurelearn.com/courses/biology-basic-concepts.

### Activity Based Learning (Suggested Activities in Class)/ Practical Based learning

- Group Discussion of Case studies
- Model Making and seminar/poster presentations
- Design of novel device/equipment like Cellulose-based water filters, Filtration system

### **Course outcomes:**

### On completion of the course, the student will have the ability to:

Course	<b>CO</b> #	Course Outcome (CO)
Code		
	CO1	Elucidate the basic biological concepts via relevant industrial applications and case studies.
22BSC46	CO2	Evaluate the principles of design and development, for exploring novel bioengineering projects.
	CO3	Corroborate the concepts of biomimetics for specific requirements
	<b>CO4</b>	Think critically towards exploring innovative biobased solutions for socially relevant problems.

Course Title: Universal Human Values				
Subject Code: 22UHV47	Credit : 1	CIE: 50		
Number of Lecture Hours/Week0:2:0 HrsSEE: 50(L:T:P:S)				
Total Number of Lecture Hours30 HrsSEE Hours: 01				
Course objectives:				
This course is intended to:				
• To help the students appreciate	the essential complement	arity between 'VALUES' and		
'SKILLS' to ensure sustained happiness and prosperity which are the core aspirations of all				
human beings.				
• To facilitate the development of a Helistic perspective among students towards life and				

- To facilitate the development of a Holistic perspective among students towards life and profession as well as towards happiness and prosperity based on a correct understanding of the Human reality and the rest of existence. Such a holistic perspective forms the basisof Universal Human Values and movement towards value-based living in a natural way.
- To highlight plausible implications of such a Holistic understanding in terms of ethical human conduct, trustful and mutually fulfilling human behaviour and mutually enriching interaction with Nature.
- This course is intended to provide a much-needed orientation input in value education to the young enquiring minds.

### **Teaching-Learning Process (General Instructions)**

These are sample Strategies, which teachers can use to accelerate the attainment of the various course outcomes.

- 1. The methodology of this course is explorational and thus universally adaptable. It involves a systematic and rational study of the human being vis-à-vis the rest of existence.
- 2. In addition to the traditional lecture method, different types of innovative teaching methods may be adopted so that the activities will develop students' theoretical and applied skills.
- 3. State the need for UHV activities and its present relevance in the society and Provide reallife examples.
- 4. Support and guide the students for self-study activities.
- 5. You will also be responsible for assigning homework, grading assignments and quizzes, and documenting students' progress in real activities in the field.
- 6. This process of self-exploration takes the form of a dialogue between the teacher and the students to begin with, and then to continue within the student in every activity, leading to continuous self evolution.
- 7. Encourage the students for group work to improve their creative and analytical skills.

Modules	Teaching
	Hours
Module-I	
Introduction to Value Education : Right Understanding, Relationship and Physical	
Facility (Holistic Development and the Role of Education) Understanding Value	
Education, Self-exploration as the Process for Value Education, Continuous	06 Hrs
Happiness and Prosperity – the Basic Human Aspirations, Happiness and Prosperity	
- Current Scenario, Method to Fulfil the Basic Human Aspirations	

Module-11		
<b>Harmony in the Human Being :</b> Understanding Human being as the Co-existence of the Self and the Body, Distinguishing between the Needs of the Self and the Body, The Body as an Instrument of the Self, Understanding Harmony in the Self, Harmony of the Self with the Body, Programme to ensure self-regulation and Health	06 Hrs	
Module-III		
Harmony in the Family and Society : Harmony in the Family – the Basic Unit of Human Interaction. 'Trust' – the Foundational Value in Relationship, 'Respect' – as the Right Evaluation, Other Feelings, Justice in Human-to- Human Relationship, Understanding Harmony in the Society, Vision for the Universal Human Order.	06 Hrs	
Module-IV		
<b>Harmony in the Nature/Existence :</b> Understanding Harmony in the Nature, Interconnectedness, self-regulation and Mutual Fulfilment among the Four Orders of Nature, Realizing Existence as Co-existence at All Levels, The Holistic Perception of Harmony in Existence	06 Hrs	
Module-V		
<b>Implications of the Holistic Understanding – a Look at Professional Ethics :</b> Natural Acceptance of Human Values, Definitiveness of (Ethical) Human Conduct, A Basis for Humanistic Education, Humanistic Constitution and Universal Human	06 Hrs	
Order, Competence in Professional Ethics Holistic Technologies, Production		
Systems and Management Models-Typical. Case Studies, Strategies for Transition		
towards Value-based Life and Profession		
Course outcome (Course Skill Set)	1.1.1	
At the end of the course, students are expected to become more aware of themselves, and	1 their	
surroundings (family, society, nature);	ain abla	
<ul> <li>They would become more responsible in me, and in nanding problems with sust solutions, while keeping human relationships and human nature in mind</li> </ul>	amable	
<ul> <li>They would have better critical ability</li> </ul>		
<ul> <li>They would also become sensitive to their commitment towards what they have</li> </ul>		
understood (human values, human relationship and human society).		
<ul> <li>It is hoped that they would be able to apply what they have learnt to their own self in</li> </ul>		
different day-to-day settings in real life, at least a beginning would be made in thi	is	
direction.		
Expected to positively impact common graduate attributes like:		
1. Ethical human conduct		
2. Socially responsible behaviour		
3. Holistic vision of life		
4. Environmentally responsible work		
5. Having Competence and Capabilities for Maintaining Health and Hygiene		
<b>6.</b> Appreciation and aspiration for excellence (merit) and gratitude for all		

### Assessment Details (both CIE and SEE)

The weightage of Continuous Internal Evaluation (CIE) is 50% and for Semester End Exam (SEE) is 50%. The minimum passing mark for the CIE is 40% of the maximum marks (20 marks out of 50) and for the SEE minimum passing mark is 35% of the maximum marks (18 out of 50 marks). The student is declared as a pass in the course if he/she secures a minimum of 40% (40 marks out of 100) in the sum total of the CIE (Continuous Internal Evaluation) and SEE (Semester End Examination) taken together

### **Continuous internal Examination (CIE)**

For the Assignment component of the CIE, there are 25 marks and for the Internal Assessment Test component, there are 25 marks.

The first test will be administered after 40-50% of the syllabus has been covered, and the second test will be administered after 85-90% of the syllabus has been covered

Any two assignment methods mentioned in the 22OB2.4, if an assignment is project-based then only one assignment for the course shall be planned. The teacher should not conduct two assignments at the end of the semester if two assignments are planned.

For the course, CIE marks will be based on a scaled-down sum of two tests and other methods of assessment.

# The sum of two tests, two assignments, will be out of 100 marks and will be scaled down to50 marks

Internal Assessment Test question paper is designed to attain the different levels of Bloom's taxonomy as per the outcome defined for the course.

Semester End Examinations (SEE)

SEE paper shall be set for **50 questions**, each of the 01 marks. **The pattern of the question paper is MCQ (multiple choice questions). The time allotted for SEE is 01 hour.** The student has to secure a minimum of 35% of the maximum marks meant for SEE.

### Web links and Video Lectures (e-Resources):

- Value Education websites,
- <u>https://www.uhv.org.in/uhv-ii</u>,
- <u>http://uhv.ac.in</u>,
- <u>http://www.uptu.ac.in</u>
- Story of Stuff,
- <u>http://www.storyofstuff.com</u>
- Al Gore, An Inconvenient Truth, Paramount Classics, USA
- Charlie Chaplin, Modern Times, United Artists, USA
- IIT Delhi, Modern Technology the Untold Story
- Gandhi A., Right Here Right Now, Cyclewala Productions
- https://www.youtube.com/channel/UCQxWr5QB\_eZUnwxSwxXEkQw
- <a href="https://fdp-si.aicte-india.org/8dayUHV\_download.php">https://fdp-si.aicte-india.org/8dayUHV\_download.php</a>
- https://www.youtube.com/watch?v=8ovkLRYXIjE
- <u>https://www.youtube.com/watch?v=OgdNx0X9231</u>
- <u>https://www.youtube.com/watch?v=nGRcbRpvGoU</u>
- <u>https://www.youtube.com/watch?v=sDxGXOgYEKM</u>

Course Title: WEB APPLICATION DEVELOPMENT LAB				
Subject Code:22CSAE481	Credit : 1	CIE:50		
Number of Practical Hours/Week (L:T:P)	0:0:2 Hrs	SEE:50		
SEE Hours:03				
Prerequisites: Knowledge of Basic Program	ming languages, HTML basic	28.		
Course Objectives:	· · · 1-'11- 6- · · 11- · · · · · · · · · · · · ·	V-11'		
<ul> <li>Frovide the principles and programmin</li> <li>Enables students to develop skills for a</li> </ul>	lig skills for development of v	d database		
applications Management.	under der ver programming und			
	~			
LIST OF PROGRAM	S	and the tes Doudous		
nedding, color, and the tag	ious fi i will tags, style sneets	and the tag, borders,		
padding, color, and the tag.				
2. Develop a JavaScript embedded HTML	file for.			
a) Generating Sum of n numbers. Use aler	t window to display the result			
b) Determine the roots of Quadratic Equation	ion. Use document. Write to p	produce output.		
2. Learne vertices armost and abiest argentic	no and nonforms the fellowing			
5. Learn various array and object operatio	ins and perform the following	operations:		
a) Create an empty array with name 'todol	ist'			
b) Use 'push' operation on the 'todoList' a	rray to add few objects each l	having 'id' as key and		
string as value (for ex {id:"a"},{id:"b"}	)			
c) Use 'pop' operation to remove the last e	element from the 'todoList' ar	rav.		
d) Use 'filter' operation to return a new array of objects with no object having id as "a"				
		-		
4. Create a modal window using absolute	positioning in CSS and use Ja	avaScript for opening		
and closing the modal.				
5. Learn basic flex commands and design a price card using flexbox for positioning of				
elements.				
C Design a mahaita mhigh demonsionall	and memory and an	ta (Ta Da list) vaira		
6. Design a website which dynamical	ly adds and removes conten	its (10-Do list) using		
7. Analyze the working of CSS grid layout	7 Analyze the working of CSS grid layout and create a website using grid layout			
. This je the working of Coo grid hayout and create a website using grid hayout.				
8. Develop a weather website using REST API in JavaScript and use CSS Grid for				
positioning.				
9. Write a FHP program to store current data-time in a COOKIE and display the Last visited on "data time on the web page upon reopening the same page				
on date-time on the web page upon reopening the same page.				
10. Run SOL queries to do the following: create a database create table, insert rows in a				
table, fetch rows from a table, delete a row, and update a row.				
, <u> </u>	, <b>1</b>			

11. On any HTML page, include a link for Login. Write a login page having login/password fields. Write JavaScript code to validate the login-id and password for the following: both are properly formed and at least 6 bytes long; the password contains at least one special case, one capital and one numeric character; convert the password into its MD5 hash use table created in experiment

12. Open ended experiment: Using bootstrap tool develop an e commerce website.

Question paper pattern: For SEE similar question related to the above programs will be asked.			
Course outcomes: On completion of the course, the student will have the ability to:			
Course Code	CO#	Course Outcome(CO)	
	CO1	Design of Static web programming using HTML.	
CO2 CO3 22CSAE481 CO4 CO5		Create web pages using HTML, Cascading Style Sheets, JavaScript.	
		Design and implement dynamic Web pages with server side Information using Perl.	
		Write PHP programs to for client server interaction.	
		Develop database applications using MySQL database with PHP.	

Course Title : NATIONAL SERVICE SCHEME (NSS)					
Subject Code : 22NS49Credits :00CIE: 50					
Number of Lecture Hours/Week(L:T:P)0:0:2 HrsSEE: 0					
Total Number of Lecture Hours28SEE Hours: 00					
Prerequisites:					
1. Students should have a service oriented m	hind set and social concern.				
2. Students should have dedication to wor	k at any remote place, anytim	e with available			
Students should be ready to sacrifice son	resources and proper time management for the other works. Students should be ready to sacrifice some of the time and wishes to achieve service				
oriented targets on time					
Course Objectives:					
1. Understand the community in which the	ey work				
2. Identify the needs and problems of the c	community and involve them i	in problem-solving			
3. Develop among themselves a sense of s	ocial & civic responsibility &	utilize their knowledge in			
4 Develop competence required for group	la community problems	sibilities & gain skills in			
mobilizing community participation to acc	uire leadership qualities and o	democratic attitudes			
Develop capacity to meet emergencies and	l natural disasters & practice r	national integration and			
social harmony					
1 Organia forming Indian Agriculture (Dec	Modules	tivity for montrating			
1. Organic farming, indian Agriculture (Pas	, Present and Future) Connec	uvity for marketing.			
2. Waste management– Public, Private and	Govt organization, 5 R's.				
3. Setting of the information imparting cli	ub for women leading to con	ntribution in social and			
economic issues.					
4. Water conservation techniques – Role of	different stakeholders- Imple	mentation.			
5. Preparing an actionable business proposal for enhancing the village income and approach for					
implementation.					
6. Helping local schools to achieve goo	d results and enhance their	enrolment in Higher/			
technical/vocational education.					
7. Developing Sustainable Water manag	ement system for rural area	as and implementation			
approaches.					
8. Contribution to any national level initiative of Government of India Foreg Digital India Skill					
India Swachh Bharat Atmanirbhar Bharath Make in India Mudra scheme Skill development					
programs etc					
programs etc.					
9. Spreading public awareness under rural outreach programs.(minimum5 programs).					
10. Social connect and responsibilities.					
11. Plantation and adoption of plants. Know your plants.					

12. Organize National integration and social harmony events /workshops /seminars. (Minimum 02 programs).

13. Govt. school Rejuvenation and helping them to achieve good infrastructure

### <u>ONE NSS – CAMP @ College /University /State or Central Govt Level / NGO's / General</u> <u>Social Camps:</u>

Students have to take up anyone activity on the above said topics and have to prepare content for awareness and technical contents for implementation of the projects and have to present strategies

for Implementation of the same. Compulsorily students have to attend one camp.

CIE will be evaluated based on their presentation, approach and implementation strategies.

	ASSESSMENT AND EVALUATION PATTERN					
	W	EIGHTAGE	50%	50%		
			CIE	SEE		
Prese	entation 1-Se	ectionoftopic-(phase 1)	10	****		
<b>EXPE</b> Prese	<b>RIENTIAL</b> entation 2(ph	LEARNING ase2)	10	****		
Case	Study-based	Teaching-Learning	10	Implementation strategies of the project with report duly		
Secto	Sector wise study & consolidation			signed by the Dept's Coordinator, HoD & Principal.		
Video	Video based seminar (4-5 minutes per student)		10	<ul> <li>At <u>last</u> It should be evaluated the NSS Coordinator.</li> <li>Finally consolidated report should be sent to the University.</li> </ul>		
тоти	AL MARKSF	ORTHE COURSE	50 MARKS	50 MARKS		
Sugge 1. N	e <b>sted Learni</b> SS Course Ma	ng Resource: nual, Published by NSS Cell, VT	'U Belagavi.			
Course outco n completion	omes: n of the cou	rse, the student will hav	e the ability	y to:		
Course	<b>CO</b> #	Course Outcome (CO)				
Code						
	<u>CO1</u>	Understand the important	$\frac{1}{1}$ his / h	ner responsibilities towards society		
	CO2	Analyze the environment	ital and soci	etal problems/issues and will be a		
22NS49	CO2	Evoluate the evicting of	it same.	monopo mostical solutions for the		
	003	Evaluate the existing sy	stem and to	propose practical solutions for the		
		same for sustainable dev	/elopment.			

Implement government or self-driven projects effectively in the field.

**CO4** 

Subject Code : 22PI	E <b>49</b>	Credits :00	CIE: 50	
Number of Lecture	Hours/Week(L:T	<b>(:P)</b> 0:0:2 Hrs	SEE: 00	
Total Number of Lecture Hours		28	SEE Hours: 00	
SEMESTE		COURSE		
R		COUNDE		
III	F	Fitness Components		
		Kabaddi/ Kho Kho		
IV	A	Athletics, Volleyball		
	Throw ball / Chess			
V		Athletics		
		Football/Hockey		
VI		Athletics		
		Cricket/Base ball		
VII		Athletics		
		Netball/Basketball		
VIII		Individual Games		
	H	andball/ Badminton	call/ Badminton	

- One Hour of Lecture is equal to 1 Credit One Hour of Tutorial is equal to 1 Credit (Except Languages) Two Hours of Practical is equal to 1 Credit SEE : Semester End Examination CIE : Continuous Internal Examination
- •
- •
- •
- L+T+P : Lecture + Tutorial + Practical .

SEMESTER	COURSE TITLE	CONTENT	NO. HOURS
III	Fitness	Meaning and Importance, Fit India	
	Component	Movement, Definition of fitness,	
	Speed Strength	Components of fitness, Benefits of fitness,	
	Endurance Agility	Types of fitness and Fitness tips.	
	Flexibility	Practical Components: Speed, Strength,	
		Endurance, Flexibility, and Agility	Total 32
		KABADDI	Hrs
		A. Fundamental skills	2
		1.Skills in Raiding: Touching with hands,	Hrs/Week
		Use of leg-toe touch, squat leg thrust, side	
		kick, mule kick, arrow fly kick, crossing of	
		baulk line. Crossing of Bonus line.	
		2.Skills of holding the raider: Various	
		formations, catching from particular	
		position, different catches, catching	
		formation and techniques. 2-3-2 System	
		Chain Formation	
		3.Additional skills in raiding: Escaping from	
		various holds, techniques of escaping from	
		chain formation, offense and defense.	
		4.Game practice with application of Rules	
		and	
		Regulations.	
		<b>B.</b> Rules and their interpretations and	
		duties of the officials.	

	171 1-1		
	Kno kno	A. Fundamental skills	
		1. Skills in Chasing: Sit on the box (Parallel	
		& Bullet method), Get up from the box	
		(Proximal & Distal method), Give Kho	
		(Simple, Early, Late & Judgment), Pole Dive,	
		Tapping Hammering Rectification of foul	
		2 Skills in running: Chain Dlay, Ding play	
		2.5kms in running. Chain Play, King play	
		and Double and Single chain & Ring mixed	
		play figure of 8-3 by 6.	
		3.Game practice with application of Rules	
		and Regulations	
		<b>B Bulles and their interpretations and</b>	
		dution of the officials	
		duties of the officials.	
SEMESTER	COURSE TITLE	CONTENT	NO.
			HOURS
IV	Athletics	Track Events	
	<b>Track</b> Sprints	1.1. Starting Techniques: Standing	
	Jumps- Long Jump	start and Crouch start (its variations)	
	Throws- Shot Put	use of Starting Block	
		1.2 Minimum Ontimum and Maximum	
		A appleration with proper running	Total 22
		Acceleration with proper running	10tal 52
		techniques.	Hrs 2
		1.3. Finishing technique: Run Through,	Hrs/Week
		Forward Lunging and Shoulder Shrug.	
		<b>Long Jump:</b> Approach Run, Take-off,	
		Flight	
		in the air (Hang Style/Hitch Kick) and	
		I onding	
		Snot put: Holding the Snot, Placement,	
		Initial Stance, Glide, Delivery Stance and	
		Recovery (Perry O'Brien Technique	
	Volley Ball	A. Fundamental skills	
	5	1.Service: Under arm service. Side arm	
		service Tennis service Floating service	
		2 Pass: Under arm pass. Over head pass	
		2 Spiking and Blocking	
		5.5piking and Diocking.	
		4. Game practice with application of Rules	
		and Regulations	
		<b>B.</b> Rules and their interpretation and	
		duties of officials.	
	Throw Ball	A.Fundamental skills:	
		Only Tennis Service. Air Service, two hand	
		catching one hand overhead return side arm	
		return	
		Dulag and their interpretations and	
		Auto and men interpretations and	
		uuues of officials	
SEMESTER	COURSE TITLE	CONTENT	NO.
			HOURS
V	Athletics Track1	110 Mtrs and 400Mtrs:	

	10 &400 Mtrs	Hurdling Technique :Lead leg Technique,	
	Hurdles	Trail leg Technique ,Side Hurdling, Over the	Total 32
	Jumps- High Jump	Hurdles Crouch start (its variations) use of	Hrs
	Throws- Discuss	Starting Block.	2
	Throw	Approach to First Hurdles. In Between	Hrs/Week
		Hurdles, Last Hurdles to Finishing	
		<b>High jump:</b> Approach Run Take-off Bar	
		Clearance (Straddle) and Landing Discus	
		Clearance (Stradule) and Landing. Discus	
		<b>I nrow:</b> Holding the Discus, Initial Stance	
		Primary Swing, Turn, Release and Recovery	
		(Rotation in the circle).	
	Foot Ball	A. Fundamental Skills	
		1. Kicking: Kicking the ball with inside of	
		the foot, Kicking the ball with Full Instep of	
		the foot, Kicking the ball with Inner Instep	
		of the foot. Kicking the ball with Outer	
		Instep of the foot and I ofted Kick	
		2 Tranning: Tranning, the Rolling hall and	
		the Bouncing ball with sole of the foot	
		2 Dribbling: Dribbling the ball with Instan of	
		5. Dilooning. Dilooning the ball with histop of	
		the foot, Dribbling the ball with inner and	
		Outer Instep of the foot.	
		4.Heading: In standing, running and jumping	
		condition.	
		5. Throw-in: Standing throw-in and Running	
		throw-in.	
		6.Feinting: With the lower limb and upper	
		part of the body.	
		7 Tackling: Simple Tackling Slide Tackling	
		8 Goal Keeping: Collection of Ball Ball	
		clearance kicking throwing and deflecting	
		Clearance- Kicking, unowing and deflecting.	
		9. Game practice with application of Rules	
		and Regulations.	
		B. Rules and their interpretation and	
		duties of officials.	
	Hockey	A. Fundamental Skills	
		1.Passing: Short pass, Long pass, push pass,	
		Scooping hit 2. Trapping. 3. Dribbling and	
		Dozing. 4. Penalty stroke practice. 5. Penalty	
		corner practice. 6. Tackling: Simple	
		Tackling, Slide Tackling, 7.Goal Keeping.	
		Ball clearance-kicking, and deflecting.	
		8 Game practice with application of Rules	
		and Regulations	
		<b>D D u</b> log and their interpretation and	
		<b>D.</b> Kules and their interpretation and	
			NO
SEMESTER	COURSE TITLE	CONTENT	NO.
			HOURS
VI	CRICKET	A. Fundamental Skills	
		1. Batting - Forward Defense Stroke,	
		Backward Defense Stroke, Off Drive, On	Total 32
		Drive, Straight Drive, Cover Drive, Square	Hrs
		Cut.	2
		2. Bowling -Out-swing, In-swing, Off	Hrs/Week
		Break, Leg Break and Googly.	

		3. Fielding: Catching - The High Catch,		
		The Skim Catch, The Close Catch and		
		throwing at the stumps from different		
		angles. Long Barrier and Throw, Short		
		Throw, Long Throw, Throwing on the Turn.		
		4. Wicket Keeping		
		<b>B</b> Rules and their interpretation and		
		duties of officials		
		A Fundamental Skills		
	DASEDALL	A. Fullualiteitai Skills		
		Player Stances – walking, extending		
		walking, L tance, cat stance Grip – standard		
		grip, choke grip Batting – swing and bunt.		
		Pitching		
		Baseball : slider, fast pitch, curve ball, drop		
		ball, rise ball, change up, knuckle ball, screw		
		ball,		
		Rules and their interpretation and duties		
		of officials.		
	Athletics	Combined Events: Heptathlon all the 7		
	Combined	events		
	EventsHentathlon	Decethlon: All 10 Events		
	& Docothlon	<b>Dela Vault:</b> Approach Dup. Dianting the		
	<b>Lumn</b> g Dolo Voult	Dolo Take off Dor Clearance and Londing		
	Jumps- Pole vault	Pole, lake-oil, bar Clearance and Landing.		
	<b>Inrows</b> -Hammer	Hammer I nrow: Holding the Hammer,		
	Inrow	Initial Stance Primary Swing, Turn, Release		
	D 1 1 11	and Recovery (Rotation in the circle).		
VII	Basket ball	A. Fundamental Skills		
		I.Passing: Two hand Chest Pass, Two hands		
		Bounce Pass, One hand Baseball Pass, Side		
		arm Pass, Overhead Pass, Hook Pass.	Total 3	32
		2.Receiving: Two hand receiving, One hand	Hrs	
		receiving, Receiving in stationary position,	2	
		Receiving while Jumping and Receiving	Hrs/We	eek
		while Running.		
		3. Dribbling: How to start dribble, drop		
		dribble High Dribble Low Dribble Reverse		
		Dribble Rolling Dribble		
		A Shooting: Lay-up shot and its variations		
		One hand set shot. Two hands jump shot		
		Hook shot Free Throw		
		5 Debounding: Defensive rebound and		
		Offensive rehound		
		6.Individual Defence: Guarding the player		
		with the ball and without the ball, Pivoting.		
		7. Game practice with application of Rules		
		and		
		Regulations.		
		<b>B. Rules and their interpretation and</b>		
		duties of officials		
	Netball	A. Fundamental skills		
		1.Catching: one handed, two handed, with		
		feet		
		grounded and in flight.		
		2. Throwing (Different passes and their uses):		
		One hand passes (shoulder, high shoulder		
		underarm, bounce, lob), two hand passes		
	1			

		$(\mathbf{D} \ 1 \ 1 \ 1 \ 1 \ 1)$	
		(Push, overhead and bounce).	
		3.Footwork: Landing on one foot, landing on	
		two feet, Pivot, Running pass.	
		4. Shooting: One hand, forward step shot.	
		and	
		had word stop shot	
		5. Lechniques of free dodge and sprint,	
		sudden sprint, sprint and stop, sprinting with	
		change at speed.	
		6 Defending: Marking the player, blocking	
		inside the circle outside the circle	
		Defending the single edge against the	
		Defending the circle edge against the	
		passing.	
		7.Intercepting: Pass and shot.	
		8. Game practice with application of Rules	
		and	
		Regulations	
		<b>B Bulles and their interpretation and</b>	
		dution	
		of officials	
SEMESTER	<b>COURSE TITLE</b>	CONTENT	NO.
			HOURS
			HOUKS
	<b>T</b> 10 0 1 1		
VIII	Individual games	A. Fundamental skills	
		1.Basic Knowledge: Various parts of the	
	Shuttle Badminton	Racket	Total 32
		and Grip.	Hrs
		2 Service: Short service Long service	2
		Longhigh service	Hrs/Week
		2 Shate Oren hard that Defension alors	
		5. Shots: Over head shot, Defensive clear	
		shot,	
		Attacking clear shot, Drop shot, Net shot,	
		Smash.	
		4.Game practice with application of Rules	
		and	
		Regulations	
		<b>B D</b> ulos and their interpretations and	
		dution of the officials	
	-	auties of the officials.	
		A. Fundamental skills	
		1. Basic Knowledge: Various parts of	
		the Racket and Grip (Shake Hand & Pen	
		Hold	
		Grin) 2 Stance: Alternate & Parallel	
		3 Push and Service: Backhand & Forehand	
		4. Chop: Dealthand & Forehand	
		4. Chop. Backhand & Forenand.	
		5. Receive: Push and Chop with both	
		Backhand	
		& Forehand.	
		6. Game practice with application of Rules	
		and	
		Regulations	
		<b>D</b> Dulag and their interpretations and	
		dution of the official	
	<b>m</b> 11 m ·	utiles of the officials	
	Table Tennis	A. Fundamental Skills	
		1. Catching, Throwing and Ball control,	
		2 Goal Throws: Jump shot, Center shot, Dive	

		shot, Reverse shot.	
		3 Dribbling: High and low	
		A Attack and counter attack simple counter	
		4. Attack and counter attack, simple counter	
		attack, counter attack from two wings and	
		center.	
		5.Blocking, GoalKeeping and Defensive	
		skills.	
		6 Game practice with application of Rules	
		and	
		Regulations.	
		B. Rules and their interpretation and	
		duties	
		of officials	
	Handball	A. Fundamental skills	
		1. Basic Knowledge: Basic Skills	
		2.Service: Short service, Long service.	
		Longhigh service.	
		3 Shots: Over head shot. Defensive clear	
		shot Attacking clear shot Drop shot Net	
		shot, Attacking clear shot, Drop shot, Net	
		snot, Smasn.	
		4. Game practice with application of Rules	
		and <b>Regulations. B. Rules and their</b>	
		interpretation and duties of officials	
EFEDENCES	•		

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19. Athletics (by Hardayal Singh)

20. Efficienting and Coaching (by Dr. Anand Nadigri)

21. Modern and Ancient History of Physical Education (by Dr. D. M. Jyothi)

22. Organization and Administration (by K. G. Nadigir or Vastrad)

Course Title : YOGA AND MEDITATION			
Subject Code	e: 22YO49	Credits :00	CIE: 50
Number of I	Lecture Hours/Week(L:T:P)	0:0:2 Hrs	SEE: 00
Total Numb	er of Lecture Hours	28	SEE Hours: 00
SEMESTER		CONTENTS	
111	1) Introduction of Yoga, Aim	and Objectives of yoga, Prayer	
	2) Brief introduction of yogic	practices for common man	
	3) Rules and regulations		
	4) Misconceptions of yoga		
	5) Suryanamaskara		
	6) Different types of Asanas		
	a. Sitting		
	b. Standing		
	c. Prone line		
	d. Supine line		
IV	1) Patanjali's Ashtanga Yoga		
	2) Suryanamaskara		
	3) Different types of Asanas		
	a. Sitting		
	b. Standing		
	c. Prone line		
	d. Supine line		
	4) Kapalbhati		
	5) Pranayama		
V	1) Patanjali's Ashtanga Yoga		
	2) Suryanamaskara		
	3) Different types of Asanas		
	a. Sitting		
	b. Standing		
	c.Prone line		
	d.Supine line		
	4) Kapalbhati		
	5) Pranayama		

VI	1) Patanjali's Ashtanga Yoga
	2) Suryanamaskara
	3) Different types of Asanas
	a. Sitting
	b. Standing
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	d.Supine line
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	5) Pranayama
VII	1) Patanjali's Ashtanga Yoga
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	a. Sitting
	b. Standing
	c. Prone line
	d. Supine line
	4) Kapalbhati
	5) Pranayama
	6) Shat Kriyas
Notes:	
• One Hour of • One Hour of	Lecture is equal to 1 Credit Tutorial is equal to 1 Credit (Except
Languages)	
Two Hours of     SEE : Semest	rer End Examination

· CIE : Continuous Internal Examination

· L+T+P : Lecture + Tutorial + Practical

### Guidelines

Semester	Course	Conten	No. of Hours
	Introduction of Yaco. Aim and Objectives of years	L Vega its origin, history and development	
	Prayer	Yoga, its origin, history and development. Yoga, its meaning, definitions. Different schools of yoga, importance of prayer	
	Brief introduction of yogic practices for common man	Yogic practices for common man to promote positive health	
	Rules and regulations	Rules to be followed during yogic practices by practitioner	
3 <sup>rd</sup> Semester	Misconceptions of yoga	Yoga its misconceptions, Difference between yogic and non yogic practices	Total 32
	Suryanamaskara	Suryanamaskar prayer and its meaning, Need, importance and benefits of Suryanamaskar 12	hrs 2 hrs /
		count, 2 rounds	week
	Different types of Asanas e. Sitting 1. Padmasana 2. Vajrasana f. Standing 1. Vrikshana 2. Trikonasana g. Prone line 1. Bhujangasana 2. Shalabhasana h. Supine line 1. Utthita dvipadasana 2. Ardha balasana	Asana, Need, importance of Asana. Different types of asana. Asana its meaning by name, technique, precautionary measures and benefits of each asana	
	Patanjali's Ashtanga Yoga	Pataniali's Ashtanga Yoga its need and	
	1. Yama 2. Niyama	importance. Yama :Ahimsa, satya, asteya, brahmacarya, aparigraha Niyama : shoucha, santosh, tapa, svaadhyaya, Eshvara pranidhan	
	Sunyanamackara	Sun/anamaskar 12 count 4 rounds	
	Different types of Asanas		
4 <sup>th</sup> Semester	e. Sitting 1. Sukhasana 2. Paschimottanasana f. Standing 1. Ardhakati Chakrasana 2. Parshva Chakrasana g. Prone line 1. Dhanurasana h. Supine line 1. Halasana 2. Karna Peedasana	Asana, Need, importance of Asana. Different types of asana. Asana its meaning by name, technique, precautionary measures and benefits of each asana	Total 32 hrs 2 hrs /
	Kapalabhati	Meaning, importance and benefits of Kapalabhati. 40 strokes/min 3 rounds	week
	Pranayama – 1. Suryanuloma –Viloma 2. Chandranuloma-Viloma 3. Suryabhedana 4. Chandra Bhedana 5. Nadishodhana	Meaning, Need, importance of Pranayama. Different types. Meaning by name, technique, precautionary measures and benefits of each Pranayama	

3. Asaña         importance.         importance.           Suryanamaskar 12 court         6 rounds           Suryanamaskar 2         Court           Suryanamaskar 2         Court           String 1. Araha Ushtrasana         Asana, Need, importance of Asana.           a. String 1. Araha Ushtrasana         Different types. Asana its meaning by mase, technique, precautionary measures and benefits of each asana           b. Stanting 1. Undiva Hastothanasana         Revision of practice 50 strokes/min         week           Kapalabhati         Revision of practice 50 strokes/min         week           Pranayama – 1. Surya Bhedana         Maaning, Need, importance of Pranayama.         Week           Jofferent types of Asanas         Revision of practice 12 count         week           Suryanamaskara         Revision of practice 12 count         Total 32           Different types of Asanas         Asitanga Yoga         Patanjai's Asitanga Yoga its need and importance.           Different types of Asanas         Asana, Need, importance of Asana.         Different types.           a. Supine line 1. Poroma         Revision of practice 12 count         Total 32           Different types of Asanas         Asana, Need, importance of Asana.         Different types.           a. Supine line 1. Poroma         Revision of practice 60 strokes/min         Nounds		Ashtanga Yoga	Patanjali's Ashtanga Yoga its need and	
4. Pranayama         Suryanamaskar 12 count           Suryanamaskara         Suryanamaskar 12 count           Different types of Asanas         Asana, Need, importance of Asana.           b. Standing 1. Urdhva Hastothanasana         Asana, Need, importance of Asana.           b. Standing 1. Urdhva Hastothanasana         Suryenamaskar 12 count           c. Prone line 1. Sarvangasana         Revision of practice 50 strokes/min           d. Supine line 1. Sarvangasana         Revision of practice 50 strokes/min           2. Uljayi         Different types. Meaning by name, technique, precautionary measures and benefits of each asana           each Pranayama         Pranayama           2. Uljayi         Different types.           Different types of Asanas         Revision of practice 12 count           strumg 1. Akama Dhanurasana         Revision of practice 12 count           jofferent types of Asanas         Asana, Need, importance of Pranayama           2. Utkatasana         Revision of practice 12 count           jofferent types of Asanas         Asana, Need, importance of Pranayama           2. Utkatasana         Asana, Need, importance of Pranayama           2. Utkatasana         Revision of practice 60 strokes/min           standing 1. Parivitta Trikonasana         Revision of practice 60 strokes/min           a. Supine line 1. Navasana/Nouleasana         Revi		3. Asana	importance.	
Suryanamaskara         Suryanamaskara (a rounds)         Suryanamaskara (b rounds)         Suryanamaskara (b rounds)           Different types of Asanas         -         Stitug 1. Ardhu Ushtrasana         Asana, Need, importance of Asana.         Total 32           Semester         0.         Standing 1. Judhav Hastohanasana         Revision of practice 50 strokes/min         measures and benefits of each asana         hrs 2 hrs /           Kapalabhati         Revision of practice 50 strokes/min         week         measures and benefits of each asana           Pranayama - 1. Surya Bhedana         Different types. Meaning by name, technique, precautionary measures and benefits of each asana         week           Ashtanga Yoga         Servision of practice 12 count         Meaning, Need, importance of Pranayama.         Different types of Asanas           String 1. Akaran Dhanurasana         Asana, Need, importance of Asana.         Total 32           Different types of Asanas         Revision of practice 12 count         Total 32           Bulangasana (Rajakoptasana         Strounds         Different types.         Asana, Need, importance of Pranayama.           2. Provalinar         Revision of practice 60 strokes/min         Total 32           Bulangasana (Rajakoptasana         Revision of practice 60 strokes/min         Total 32           Supine line 1. Narvasana/Noukasana         Revision of practice 60 strokes/min		4. Pranayama		
gth         Different types of Asanas         Asana, Need, importance of Asana.           gth         Different types of Asanas         Different types, Asana its meaning by mane, technique, precautionary measures and benefits of each asana         Total 32           gth         b. Standing 1. Urdhva Hastothansana 2. Hastpadasana         Revision of practice 50 strokes/min 3 rounds         week           kapalabhati         Revision of practice 50 strokes/min 3 rounds         week         week           Pranayama 2. Uijayi         Different types. Meaning by name, technique, precautionary measures and benefits of each asana         week           gth         Ashtanga Yoga         Pranayama 2. Uijayi         Pranayama         Pranayama           2. Uijayi         Different types. Meaning by name, technique, precautionary measures and benefits of each asana         week           gth         Suryanamaskara         Revision of practice 12 count 3         sounds           standig 1. Parivita Tirkhonsana 2. Yogamudra in Padmasana 3. Strog 1. Askarana 1. Padvingtashana         Asana, Need, importance of Pranayama           a. Stitug 1. Askarana 1. Padvingtashanasana 3. Supine line 1. Navasana         Asana, Need, importance of Pranayama           b. Standig 1. Parivita Tirkhonsana 3. Supine line 1. Poroma         Revision of practice 60 strokes/min 3 rounds           gtherest types of Asanas 3. Strog 1. Wohakta Paschimottanasana 2. Stroganatin 2. Uktatasana         Revision of practic		Suryanamaskara	Suryanamaskar 12 count	
Sthe Lingths & Arabia Stranga     Partaging Recut initization of practice 0 results.     Total 32       Semester     Standing 1. Unthva Hastabatasana 2. Hastapadasana 3. Supine line 1. Sarvangasana 2. Chakraasana     Revision of practice 50 strokes/min 3 rounds     Total 32       Kapalabhati     Revision of practice 50 strokes/min 3. Uijayi     Revision of practice 50 strokes/min 3 rounds     week       Pranayama – 1. Surya Bhedana 2. Uijayi     Revision of practice 12 count 8 rounds     Weaning, Need, importance of Pranayama. Different types. Meaning by name, technique, precautionary measures and benefits of each Pranayama     Nearing, Need, importance of Asana. Different types. Meaning by name, technique, precautionary measures and benefits of each Pranayama       6th Semester     Surpite I. Navasana Noukasana 2. Uikatasana 6. Surpite II. Poorma Bhujangasana / Rajakaptasana 2. Uikatasana 2. Standing I. Parviritta Trikonesana 2. Uikatasana 2. Standing I. Parviritta Trikonesana 2. Standing I. Parvanamuktasana 2. Standing I. Parviritta Trikonesana 2. Standing I. Parvanamuktasana 2. Standing I. Parvanamuktasana 2. Stektari     Revision of practice 60 strokes/min 3 rounds     Total 32       Pranayama – 1. Sheetali     Meaning, Need, importance of Pranayama. 2. Sheektari     Pranayama 3 rounds     Total 32       Pranayama – 1. Sheetali     Meaning, Need, importance of Pranayama. 2. Strokes/min 3 rounds     Pranayama 3 rounds     Pranayama 3 rounds       Pranayama – 1. Sheetali     Meaning, Need, importance of Pranayama. 2. Strokes/min 3 rounds     Pranayama 3 rounds       Pratapid S shitanga Yoga its need and importance.     <		Different types of Asanas	6 rounds	-
standard version       2. Vakrasana       Total 32         semester       b. Standing 1. Urdiva Hastothansana 2. Prone line 1. Padapadasana 2. Chakrasana       Revision of practice 50 strokes/min 3 rounds       Total 32         Kapalabhati       Revision of practice 50 strokes/min 3 rounds       Revision of practice 50 strokes/min 3 rounds       week         Pranayama – 1. Surya Bhedana 2. Ujjayi       Revision of practice 50 strokes/min 3 rounds       week         Ashtanga Yoga       Patanjal's Ashtanga Yoga       Patanjal's Ashtanga Yoga       rounds         Jurganumaskara       Revision of practice 12 count 8 rounds       Revision of practice 12 count 8 rounds       rounds         Semester       Ashtanga Yoga       Patanjal's Ashtanga Yoga its need and importance.       rounds       rounds         Offerent types of Asanas 2. Yogamudra in Padmasana 2. Utytatsana       Revision of practice 12 count 8 rounds       rounds       rotal 32         Bemester       C. Prone line 1. Poorna Bhujangasana / Rajakapotasana d. Supine line 1. Navasana/Neoutesana 2. Sheektari       Revision of practice 60 strokes/min 3 rounds       rotal 32         Pranayama – 1. Sheetali       Revision of practice 60 strokes/min 3 rounds       Revision of practice for each asana       hrs 2 hrs /         Pranayama       1. Sheetali       Revision of practice 60 strokes/min 3 rounds       rotal 32         Pranayama       1. Shevasanaa (Rela		Sitting 1 Ardha Ushtrasana	Asana, Need, Importance of Asana.	
sth         Standing 1. Urdinva Hastothanasana 2. Hastapadasana         Index 32 measures and benefits of each asana         Index 32 measures and benefits of each asana           6. Prone line 1. Sarvangasana 3. Supine line 1. Sarvangasana 4. Supine line 1. Sarvangasana 2. Ujjavi         Revision of practice 50 strokes/min 3 rounds         week           Pranayama – 1. Surya Bhedana 2. Ujjavi         Different types. Meaning by name, technique, precautionary measures and benefits of each Pranayama         meaning. Need, importance of Pranayama. Different types. Meaning by name, technique, precautionary measures and benefits of each Pranayama         Total 32           6th Semester         Different types of Asanas a. Sitting 1. Aakarna Dhanurasana b. Standing 1. Parivitta Trikonasana c. Prone line 1. Poorna Buyangasana / Rajakapatasana d. Supine line 1. Navasana/Noukasana c. Prone line 1. Poorna Buyangasana / Rajakapatasana d. Supine line 1. Navasana/Noukasana c. Prone line 1. Poorna Buyangasana / Rajakapatasana d. Supine line 1. Navasana/Noukasana c. Prone line 1. Poorna Buyangasana / Rajakapatasana d. Supine line 1. Navasana/Noukasana c. Prone line 1. Poorna Buyangasana / Rajakapatasana d. Supine line 1. Navasana/Noukasana c. Prone line 1. Poorna Buyangasana / Rajakapatasana d. Supine line 1. Navasana/Noukasana c. Stittig 1. Vibhakta Paschimottanasana c. Stittig 1. Parishvakonasana c. Stittig 1. Parishvakonasana d. Supine line 1. Parivangasana d. Supine line 1. Savangasana c. Stittig 1. Parishvakonasana c. Stittig 1. Parishva		2. Vakrasana	name technique precautionary	Total 22
Somester         2. Hastapadasana 2. Prone line 1. Radangushtia Dhanurasana 2. Chakraasana 2. Chakraasana         Intervision of practice 50 strokes/min 3 rounds         hrs 2 hrs /           Kapalabihati         Revision of practice 50 strokes/min 3 rounds         Meaning, Need, importance of Pranayama. Different types. Meaning by name, technique, precautionary measures and benefits of each Pranayama         Meaning, Need, importance of Pranayama. Different types. Meaning by name, technique, precautionary measures and benefits of each Pranayama           6th Semester         Ashtanga Yoga 3. Pratyahara 6. Dharana         Revision of practice 12 count 8 rounds         Total 32           6th Semester         Standing 1. Parivitta Trikonasana 2. Utkatasana         Asana by name, technique, precautionary measures and benefits of each asana         Total 32           6th Semester         Standing 1. Parivitta Trikonasana 2. Utkatasana         Revision of practice 60 strokes/min 3 rounds         Total 32           7th Semester         Napalabhati         Revision of practice 60 strokes/min 3 rounds         Revision of practice 12 count 10 rounds         Nearing, Need, importance of Asana. Different types Meaning by name, technique, precautionary measures and benefits of each         Nearing, Need, importance of Asana. Different types Meaning by name, technique, precautionary measures and benefits of each         Nearing, Need, importance of Asana. Different types, Meaning by name, technique, precautionary measures and benefits of each asana         Nearing, Need, importance of Asana. Different types, Meaning by name, technique, precautionary measures and benefits of each	_+h	b. Standing 1. Urdhva Hastothanasana	measures and benefits of each asana	Total 32
Semester         c. Prone line 1. Padangushtha Dhanurasana d. Supine line 1. Sarvangasana 2. Chakraasana         hrs 2 hrs / week           Kapalabhati         Revision of practice 50 strokes/min 3 rounds         week           Pranayama - 1. Surya Bhedana 2. Ujjayi         Different types. Meaning by name, technique, precautionary measures and benefits of each Pranayama 6. Dharana         Pratayahara 6. Dharana         meaning. Need, importance of Pranayama bitting 1. Aakaraa Dhanurasana a. Sitting 1. Aakaraa Dhanurasana b. Standing 1. Parivitta Trikoiasana 2. Yogamudra in Padmasana b. Standing 1. Parivitta Trikoiasana d. Supine line 1. Navasan/Noukasana d. Supine line 1. Sheetali Different types of Asanas a. Sitting 1. Vihkata Paschimottanasana d. Sitting 1. Vihkata Paschimottanasana d. Supine line 1. Shavasanaa d. Supine line 1. Shavasanaa	5	2. Hastapadasana		
d. Supine line 1. Sarvangasana       Revision of practice 50 strokes/min 3 rounds       week         Kapalabhati       Revision of practice 50 strokes/min 3 rounds       week         Pranayama – 1. Surya Bhedana       Meaning, Need, importance of Pranayama. 2. Uijayi       Different types. Meaning by name, technique, precautionary measures and benefits of each Pranayama       week         Ashtanga Yoga       S Pratayahra       Patanjali's Asitanga Yoga its need and importance       mortance of Asana. 3. Strating 1. Aakama Dhanurasana       Asana, Need, importance of Asana. 2. Yogamudra in Padmasana       Different types, Asana Need, importance of Asana. 2. Yogamudra in Padmasana       Total 32         b. Standing 1. Parivritä Triknoasana d. Supine line 1. Navasana/Noukasana d. Supine line 1. Navasana/Noukasana       Revision of practice 60 strokes/min 3 rounds       Total 32         Pranayama – 1. Sheetali       Meaning, Need, importance of Pranayama. 2. Sheektari       Patanjali's Asitanga Yoga its need and importance       measures and benefits of each asana         Pranayama – 1. Sheetali       Meaning, Need, importance of Pranayama. 2. Sheektari       Revision of practice 60 strokes/min 3 rounds       measures and benefits of each Pranayama         Ashtanga Yoga 1. Dhyana (Meditation) 2. Samadhi       Patanjali's Asitanga Yoga its need and importance.       Strokes/min 3 rounds       Total 32         Different types of Asanas a. Sitting 1. Vibhakta Paschimottanasana b. Standing 1. Parshykahansana 1. Strayagasana d. Supine line 1. Sarvangasana d. Supine line 1.	Semester	c. Prone line 1. Padangushtha Dhanurasana		hrs 2 hrs /
Asplabbiati         Revision of practice 50 strokes/min 3 rounds         week           Pranayama - 1. Surya Bhedana 2. Ujjayi         Meaning, Need, importance of Pranayama. Different types. Meaning by name, technique, precautionary measures and benefits of each Pranayama         Meaning is shitanga Yoga its need and importance.         Importance of Pranayama           6th Semester         S. Protyahara 6. Dbarana         Revision of practice 12 count 8 rounds         Total 32           0tfferent types of Asanas a. Sitting 1. Aakarna Dhanurasana 2. Yogamudra in Padmasana b. Standing 1. Pariwrita Trikonasana 2. Yogamudra in Padmasana b. Standing 1. Pariwrita Trikonasana 2. Pavanamuktasana         Asana, Need, importance of Asana. Different types, Asana by name, technique, precautionary measures and benefits of each asana         Total 32           Pranayama - 1. Sheetali         Meaning, Need, importance of Pranayama. 2. Pavanamuktasana         Meaning, Need, importance of Pranayama. Different types. Meaning by name, technique, precautionary measures and benefits of each Pranayama         Hrs 2 hrs / 4           Pranayama         Patanjif's Ashitanga Yoga its need and importance.         Different types. Meaning by name, technique, precautionary measures and benefits of each Pranayama         Total 32           Ashtanga Yoga         Suryanamaskara         Revision of practice 12 count 10 rounds         Asana, Need, importance of Asana. Different types, Asana by name, technique, precautionary measures and benefits of each asana         Total 32           Vogamudra in Vajrasana a. Shavasanaa (Relavation potsture)         Revi		d. Supine line 1. Sarvangasana		
Advision of practice 30 strokes/mining         week           Pranayama – 1. Surya Bhedana 2. Ujjayi         Meaning, Need, importance of Pranayama. Different types. Meaning by name, technique, precautionary measures and benefits of each Pranayama         Meaning Need, importance of Pranayama           6 th Semester         Ashtanga Yoga 5. Pratyahara 6. Dharana         Patanjali's Ashtanga Yoga its need and importance.         Total 32           7 th Semester         Netting 1. Aakara Dharurasana 2. Yogamudra in Padmasana 8. Standing 1. Parivritta Trikonasana 2. Prone line 1. Porona Bhujangasana / Rajakapatasana d. Supine line 1. Navasana/Noukasana 2. Pavanamuktasana         Revision of practice 60 strokes/min 3 rounds         Total 32           Pranayama – 1. Sheetali 2. Bravanamuktasana         Meaning, Need, importance of Pranayama. Different types, Kapalabhati         Revision of practice 60 strokes/min 3 rounds         Total 32           7 th Semester         Ashtanga Yoga 1. Dhyana (Meditation) 2. Samadhi         Revision of practice 60 strokes/min 3 rounds         Total 32           7 th Semester         Ashtanga Yoga 1. Dhyana (Meditation) 2. Samadhi         Patanjali's Ashtanga Yoga its need and importance.         Neaning, Need, importance of Asana. Different types, Asana N		2. Chakraasana	Dovision of practice E0 studyes (min	-
Pranayama - 1. Surya Bhedana 2. Ujjayi         Meaning, Need, importance of Pranayama. Different types. Meaning by name, technique, precautionary measures and benefits of each Pranayama           Ashtanga Yoga         Pranayama - Suryanamaskara         Patanjali's Ashtanga Yoga its need and importance.         Importance of Asana.           Suryanamaskara         Revision of practice 12 count 8 rounds         Asana, Need, importance of Asana.         Total 32           bifferent types of Asanas a. Stiting 1. Aakara Dhanurasana 2. Yogamudra in Padmasana b. Standing 1. Parivritta Trikonasana a. Supine line 1. Navasana/Noukasana 2. Prone line 1. Pororna Bhujangasana / Rajakapotasana d. Supine line 1. Navasana/Noukasana 2. Sheektari         Revision of practice 60 strokes/min 3 rounds         Total 32           Pranayama – 1. Sheetali Different types of Asanas a. Sitting 1. Parivritatorika Suryanamaskara         Revision of practice 60 strokes/min 3 rounds         Total 32           kapalabhati         Revision of practice 60 strokes/min 3 rounds         Revision of practice 60 strokes/min 3 rounds         Total 32           fremester         C. Sheektari         Meaning, Need, importance of Asana. Different types, Meaning by name, technique, precautionary measures and benefits of each 3 rounds         Namayama           Different types of Asanas a. Sitting 1. Vibhakta Paschimottanasana 2. Yogamudra in Vajrasana d. Supine line 1. Sarvangasana 2. Setubandhasana 3 rounds         Revision of practice 12 count 10 rounds         Nama, Need, importance of Asana. Different types, Asana, Need, importance of Asana. Different types, Asana, Need, importance			3 rounds	week
2. Ujjavi     Different types, Meaning by name, technique, precautionary measures and benefits of each Pranayama       Ashtanga Yoga     Patanjali's Ashtanga Yoga its need and importance.       Suryanamaskara     Revision of practice 12 count 8 rounds       Different types of Asanas     Asana, Need, importance of Asana. 2. Vogamudra in Padmasana 2. Utkatasana       b. Standing 1. Parivritta Trikonasana 2. Utkatasana     Asana, Need, importance of Asana. Different types, Asana by name, technique, precautionary measures and benefits of each asana     Total 32       Kapalabhati     Revision of practice 60 strokes/min 3 rounds     week       Pranayama – 1. Sheetali     Meaning, Need, importance of Pranayama. 2. Sheektari     Different types, Meaning by name, technique, precautionary measures and benefits of each asana     week       Pranayama – 1. Sheetali     Meaning, Need, importance of Pranayama. 2. Sheektari     Different types, Meaning by name, technique, precautionary measures and benefits of each       Pranayama – 1. Sheetali     Meaning, Need, importance of Pranayama. 2. Standing 1. Parshvakonasana 2. Cogamudra in Vajrasana     Different types, Meaning by name, technique, precautionary measures and benefits of each       Different types of Asanas     Asana by name, technique, precautionary measures and benefits of each asana     Total 32       Vergamudra in Vajrasana     Asana, Need, importance of Asana. Different types, Asana by name, technique, precautionary measures and benefits of each asana     Total 32       Vergamudra in Vajrasana     Standing 1. Mayurasana 3. Shavasana		Pranayama – 1. Surya Bhedana	Meaning, Need, importance of Pranayama.	
fth         Ashtanga Yoga         Patanjali's Ashtanga Yoga its need and importance.         Patanjali's Ashtanga Yoga its need and importance.           gth         S. Pratyahara         Revision of practice 12 count 8 rounds         Patanjali's Ashtanga Yoga its need and importance.         Total 32           b.         Stating 1. Aakama Dhanurasana 2. Yogamudra in Padmasana b.         Asana, Need, importance of Asana. Different types of Asanas a. Sitting 1. Parivritta Trikonasana b.         Asana, Need, importance of Asana. Different types, Asana by name, technique, precautionary measures and benefits of each asana         Total 32           kapalabhati         Revision of practice 60 strokes/min 3 rounds         Neek importance of Pranayama. Different types. Meaning by name, technique, precautionary masures and benefits of each         week           fth         Pranayama – 1. Sheetali 2. Sheektari         Meaning, Need, importance of Pranayama. Different types. Meaning by name, technique, precautionary masures and benefits of each         Pranayama           gth         Ditypaa (Meditation)         Pranayama         Patanjali's Ashtanga Yoga its need and importance.         Noga its need and importance.           gth         Different types of Asanas         Revision of practice 12 count 10 rounds         Asana, Need, importance of Asana. Different types, 3. Standing 1. Parshvakonasana         Asana, Need, importance of Asana. Different types, 4. Supine line 1. Sarvangasana         Asana, Need, importance of Asana. Different types, 3. Shavasanaa (Relayation poisture)         Asana, Need, impo		2. Ujjayi	Different types. Meaning by name,	
Ashtanga Yoga Ashtanga Yoga Ashtanga Yoga Ashtanga Yoga Ashtanga Yoga Ashtanga Yoga Different types of Asanas a. Sitting 1. Aakaran Dhanurasana 2. Yogamudra in Padmasana b. Standing 1. Parinvitta Trikonasana 2. Utkatasana C. Prone line 1. Navasana/Noukasana 2. Pavanamuktasana Kapalabhati Pranayama – 1. Sheetali Different types of Asanas Asana, Need, importance of Asana. Different types, Asana, Need, importance of Asana. Different types, Asana, Need, importance of Asana. Different types, Asana, Need, importance of Pranayama. Revision of practice 60 strokes/min 3 rounds Asana, Need, importance of Pranayama. Kapalabhati Pranayama – 1. Sheetali Different types of Asanas Ashtanga Yoga 1. Dhyana (Meditation) 2. Samadhi Suryanamaskara Different types, of Asanas Ashtanga Yoga 1. Dhyana (Meditation) 2. Samadhi Suryanamaskara Different types, of Asanas a. Sitting 1. Vibhakta Paschimottanasana Different types, of Asanas Asana, Need, importance of Asana. Different types, of Asanas Asana, Need, importance of Asana. Different types, of Asanas a. Sitting 1. Vibhakta Paschimottanasana C. Prone line balancing 1. Mayurasana b. Standing 1. Parshvakonasana C. Prone line 1. Sarvangasana Different types, Asana by name, technique, precautionary measures and benefits of each asana Different types, Asana by name, technique, precautionary measures and benefits of each asana Different types, Asanas Asana, Need, importance of Asana. Different types, Asanas Asana, Need, importance of Asana. Different types, Asanas Asana, Need, importance of Asana. C. Prone line balancing 1. Mayurasana D. Stavasanaa (Releaxtion poisture) Kapalabhati Paratice 80 strokes/min 3 muds			technique,	
Akitanga Yoga         Pratyahara         Prat			precautionary measures and benefits of	
S. Pratyshara       Inclusion of Naturg's registion free and a single registion free and a single registion for the and a single registion of practice 12 count 8 rounds         Suryanamaskara       Revision of practice 12 count 8 rounds         Different types of Asanas       Asana, Need, importance of Asana.         Different types,       Asana, Need, importance, 60 Asana.         Standing 1. Parivitta Trikonasana       Different types,         Semester       Prone line 1. Poroma         Rapalabhati       Revision of practice 60 strokes/min 3 rounds         Pranayama – 1. Sheetali       Meaning, Need, importance of Pranayama.         Different types of Asanas       Different types, Asana by name, technique, precautionary measures and benefits of each asana         Pranayama – 1. Sheetali       Meaning, Need, importance of Pranayama.         Different types of Asanas       Different types. Meaning by name, technique, precautionary measures and benefits of each Pranayama         2. Sheektari       Patanjali's Ashtanga Yoga its need and importance.         Suryanamaskara       Revision of practice 12 count 10 rounds         3. Standing 1. Parivitaxonasana       Asana, Need, importance of Asana.         2. Sepadabadhapamottanasana       2. Yogamudra in Vajrasana         3. Stavisanaa       2. Ekapadbaddhapamottanasana         2. Stapadbaddhasana       3. Shavasanaa         3. Shavasanaa <t< th=""><th></th><th>Ashtanga Yoga</th><th>Patanjali's Ashtanga Yoga its need and</th><th></th></t<>		Ashtanga Yoga	Patanjali's Ashtanga Yoga its need and	
6. Dharana          Suryanamaskara       Revision of practice 12 count 8 rounds         Different types of Asanas       Asana, Need, importance of Asana. 2. Yogamudra in Padmasana       Asana, Need, importance of Asana. Different types, Asana by name, technique, precautionary measures and benefits of each asana       Total 32         e.       Prone line 1. Poorna Bhujangasana / Rajakapotasana d. Supine line 1. Navasana/Noukasana 2. Pavanamuktasana       Revision of practice 60 strokes/min 3 rounds       Total 32         Pranayama – 1. Sheetali       Meaning, Need, importance of Pranayama. 2. Sheektari       Meaning, Need, importance of Pranayama. Different types. Meaning by name, technique, precautionary measures and benefits of each Pranayama       Needitation)         Ashtanga Yoga       Patanjali's Ashtanga Yoga its need and importance.       Patanjali's Ashtanga Yoga its need and importance.         Suryanamaskara       Revision of practice 12 count 10 rounds       Sana, Need, importance of Asana. Different types of Asanas       Nifferent types, Asana by name, technique, precautionary measures and benefits of each asana         Different types of Asanas       Sitting 1. Wibhakta Paschimottanasana 2. Steubandhasana       Different types, Asana by name, technique, precautionary measures and benefits of each asana       Total 32         Vogamudra in Vajrasana 4. Supine line 1. Sarvangasana 2. Steubandhasana       Shavangasana 3. Shavasanaa (Relaxation poisture)       Revision of practice 80 strokes/min 3. rounds       Strokes/min 3. rounds </th <th></th> <th>5. Pratyahara</th> <th>importance.</th> <th></th>		5. Pratyahara	importance.	
Suryanamaskara       Revision of practice 12 count 8 rounds       Revision of practice 12 count 8 rounds         Different types of Asanas       Asana, Need, importance of Asana. Different types, Asana by name, technique, precautionary measures and benefits of each asana       Total 32         b       Standing 1. Parivrita Trikonasana 2. Utkatasana       Different types, Asana by name, technique, precautionary measures and benefits of each asana       Total 32         c       Prone line 1. Navasana/Noukasana 3. Supine line 1. Navasana/Noukasana       Revision of practice 60 strokes/min 3 rounds       Hrs 2 hrs /         Veranayama – 1. Sheetali 2. Sheektari       Meaning, Need, importance of Pranayama. Different types. Meaning by name, technique, precautionary measures and benefits of each Pranayama       Meaning, Need, importance of Pranayama. Different types of Asanas         Suryanamaskara 2. Yogamudra in Vajrasana b. Standing 1. Parshvakonasana 2. Sepadbadhapadmottanasana d. Supine line 1. Sarvangasana d. Supine line 1. Sarvangasana d. Supine line 1. Sarvangasana a. Stating 1. Vibhakta Paschimottanasana 2. Sequadbadhapadmottanasana 3. Shavasanaa (Relaxation poisture)       Asana, Need, importance of Asana. Different types, Asana by name, technique, precautionary measures and benefits of each asana       Total 32         Kapalabhati       Revision of practice 1. Souryanamaskara 2. Sepadbadhapadamottanasana 3. Shavasanaa (Relaxation poisture)       Revision of practice 80 strokes/min 3. runnds       Hrs 2 hrs /		6. Dharana		
fth       Different types of Asanas       Asana, Need, importance of Asana.       Total 32         fth       Standing 1. Parivritta Trikonasana       Asana, Need, importance of Asana.       Total 32         b.       Standing 1. Parivritta Trikonasana       Asana by name, technique, precautionary measures and benefits of each asana       Total 32         c.       Prone line 1. Poorna       Bhujangasana / Rajakapotasana       Revision of practice 60 strokes/min 3 rounds       hrs 2 hrs /         Kapalabhati       Revision of practice 60 strokes/min 3 rounds       Meaning, Need, importance of Pranayama.       Different types. Meaning by name, technique, precautionary measures and benefits of each Pranayama.         Pranayama – 1. Sheetali       Meaning, Need, importance of Pranayama.       Different types. Meaning by name, technique, precautionary measures and benefits of each Pranayama.         2. Sheektari       Different types. Meaning by name, technique, precautionary measures and benefits of each Pranayama         2. Standing 1. Dhyana (Meditation)       Patanjali's Ashtanga Yoga its need and importance.         Surganamaskara       I2 count 10 rounds         Assana, Need, importance of Asana.       Different types, Asana Need, importance of Asana.         a. Sitting 1. Vibhakta Paschimottanasana       Different types, Asana Need, importance of Asana.         a. Sitting 1. Parshvakonasana       2. Setubandhasana         a. Supine line 1. Sarvangasana		Suryanamaskara	Revision of practice 12 count 8 rounds	
semester       a. Sitting 1. Aakama Dhanurasana 2. Yogamudra in Padmasana b. Standing 1. Parivritta Trikonasana 2. Utkatasana c. Prone line 1. Poorna Bhujangasana / Rajakapotasana d. Supine line 1. Navasana/Noukasana 2. Pavanamuktasana       Different types, Asana by name, technique, precautionary measures and benefits of each asana       Total 32         Kapalabhati       Revision of practice 60 strokes/min 3 rounds       hrs 2 hrs /         Pranayama – 1. Sheetali 2. Sheektari       Revision of practice 60 strokes/min 3 rounds       week         Ashtanga Yoga 1. Dhyana (Meditation) 2. Samadhi       Pranayama 2. Sheektari       Revision of practice 12 count 10 rounds       Pratanjali's Ashtanga Yoga its need and importance.         Jifferent types of Asanas a. Sitting 1. Vibhakta Paschimottanasana 2. Yogamudra in Vajrasana d. Supine line 1. Sarvangasana 2. Setuabandhasana 3. Shavasanaa (Relaxation poisture)       Asana Need, importance of Asana. Different types, Asana by name, technique, precautionary measures and benefits of each asana       Total 32         Kapalabhati       Revision of practice 12 count 10 rounds       Asana, Need, importance of Asana. Different types, Asana by name, technique, precautionary measures and benefits of each asana       Total 32		Different types of Asanas	Asana, Need, importance of Asana.	
standing 1. Parivritta Trikonasana       Asana by name, technique, precautionary measures and benefits of each asana       Total 32         semester       0. Utkatasana       Revision of practice 60 strokes/min 3 rounds       hrs 2 hrs /         kapalabhati       Revision of practice 60 strokes/min 3 rounds       hrs 2 hrs /         Pranayama – 1. Sheetali       Meaning, Need, importance of Pranayama.       Different types, Neaning by name, technique, precautionary measures and benefits of each pranayama         Ashtanga Yoga       1. Dhyana (Meditation)       Pranayama       Patanjali's Ashtanga Yoga its need and importance.         Suryanamaskara       Suryanamaskara       Revision of practice 12 count 10 rounds       Asana, Need, importance of Asana.         a. Sitting 1. Vibhakta Paschimottanasana       Asana, Need, importance of Asana.       Different types of Asanas       Sana, Need, importance of Asana.         a. Sitting 1. Parshvakonasana       2. Sepadbaddhapadmottanasana       Asana, Need, importance of Asana.       Total 32         b. Standing 1. Parshvakonasana       2. Sepadbadhapamottanasana       Asana, Need, importance of Asana.       Total 32         b. Standing 1. Parshvakonasana       2. Sepadbadhapamottanasana       Asana, Need, importance of Asana.       Total 32         b. Standing 1. Parshvakonasana       3. Shavasanaa       Asana by name, technique, precautionary measures and benefits of each asana       Total 32		a. Sitting 1. Aakarna Dhanurasana	Different types,	
eth       b. Standing 1. Parivritta Trikonasana       measures and benefits of each asana         2. Utkatasana       e. Prone line 1. Poorna       hrs 2 hrs /         Bhujangasana / Rajakapotasana       2. Pavanamuktasana       hrs 2 hrs /         2. Pavanamuktasana       Revision of practice 60 strokes/min       hrs 2 hrs /         Kapalabhati       Revision of practice 60 strokes/min       week         Pranayama – 1. Sheetali       Meaning, Need, importance of Pranayama.       Different types. Meaning by name, technique, precautionary measures and benefits of each         Pranayama – 1. Sheetali       Different types. Meaning by name, technique, precautionary measures and benefits of each       Pranayama         1. Dhyana (Meditation)       2. Samadhi       Patanjali's Ashtanga Yoga its need and importance.       Importance.         2. Struganamaskara       Revision of practice       12 count 10 rounds       Different types of Asanas       Different types, Asana Need, importance of Asana.       Different types, Asana by name, technique, precautionary measures and benefits of each asana       Total 32         b. Standing 1. Parshvakonasana       2. Stubandhasana       Starayasana       Hrs 2 hrs /       Measures and benefits of each asana       Total 32         c. Prone line balancing 1. Mayurasana       2. Stubandhasana       Supine line 1. Sarvangasana       Kevision of practice 80 strokes/min       hrs 2 hrs /		2. Yogamudra in Padmasana	Asana by name, technique, precautionary	Total 32
Semester       2. Utkatasana       hrs 2 hrs /         •       Prone line 1. Poorna       Bhujangasana / Rajakapotasana       hrs 2 hrs /         •       Supine line 1. Navasana/Noukasana       2. Pavanamuktasana       week         Kapalabhati       Revision of practice 60 strokes/min       week         Pranayama – 1. Sheetali       Meaning, Need, importance of Pranayama.       Week         Different types. Meaning by name, technique, precautionary measures and benefits of each Pranayama       Pranayama       Pranayama         1.       Dhyana (Meditation)       Pranayama       Pranayama       Pranayama         2.       Samadhi       Revision of practice       Pranayama         Suryanamaskara       Revision of practice       Pranayama         2.       Yogamudra in Vajrasana       Asana, Need, importance of Asana.       Different types of Asanas         a.       Sitting 1. Vibhakta Paschimottanasana       Asana, Need, importance of Asana.       Different types, Asana by name, technique, precautionary measures and benefits of each asana       Total 32         b.       Standing 1. Parshvakonasana       Supine line 1. Sarvangasana       Asana, Need, importance of Asana.       Different types, Asana by name, technique, precautionary measures and benefits of each asana       hrs 2 hrs /         c.       Prone line balancing 1. Mayurasana       Shavasanaa<	6 <sup>th</sup>	b. Standing 1. Parivritta Trikonasana	measures and benefits of each asana	
rth       Protecting 1: Protecting 1: Navasana / Rajakapotasana       hrs 2 hrs /       hrs 2 hrs /         d.       Supine line 1: Navasana/Noukasana       2: Pavanamuktasana       week         Kapalabhati       Revision of practice 60 strokes/min 3 rounds       week         Pranayama – 1: Sheetali       Meaning, Need, importance of Pranayama. Different types. Meaning by name, technique, precautionary measures and benefits of each Pranayama       Meaning Yoga its need and importance.       week         Ashtanga Yoga       Patanjali's Ashtanga Yoga its need and importance.       Patanjali's Ashtanga Yoga its need and importance.       Total 32         Jifferent types of Asanas       Revision of practice 12 count 10 rounds       Asana, Need, importance of Asana. Different types, Asana by name, technique, precautionary measures and benefits of each asana       Total 32         versenter       Nopine line 1. Sarvangasana       Asana by name, technique, precautionary measures and benefits of each asana       Total 32         kapalabhati       Revision of practice 80 strokes/min 3 rounds       Revision of       hrs 2 hrs /	Semester	2. Utkatasana prone line 1. Poorna		
A.       Supine line 1. Navasana/Noukasana 2. Pavanamuktasana       Revision of practice 60 strokes/min 3 rounds       week         Vapalabhati       Revision of practice 60 strokes/min 3 rounds       week         Pranayama – 1. Sheetali       Meaning, Need, importance of Pranayama. Different types. Meaning by name, technique, precautionary measures and benefits of each Pranayama       week         Ashtanga Yoga       Patanjali's Ashtanga Yoga in 1. Dhyana (Meditation)       Patanjali's Ashtanga Yoga its need and importance.         Suryanamaskara       Revision of practice 12 count 10 rounds       Asna, Need, importance of Asana. Different types of Asanas         a.       Sitting 1. Vibhakta Paschimottanasana 2. Yogamudra in Vajrasana       Asana, Need, importance of Asana. Different types, 3. Shavasanaa       Total 32         c.       Prone line balancing 1. Mayurasana       Supine line 1. Sarvangasana 3. Shavasanaa (Relaxation poisture)       Revision of practice 80 strokes/min 3 rounds       Total 32		Bhujangasana / Rajakapotasana		hrs 2 hrs /
2. Pavanamuktasana     Revision of practice 60 strokes/min 3 rounds     week       Pranayama – 1. Sheetali 2. Sheektari     Meaning, Need, importance of Pranayama. Different types. Meaning by name, technique, precautionary measures and benefits of each Pranayama     Week       Ashtanga Yoga 1. Dhyana (Meditation) 2. Samadhi     Patanjali's Ashtanga Yoga its need and importance.     New issue and importance.       Suryanamaskara     Revision of practice 12 count 10 rounds     Different types of Asanas a. Sitting 1. Vibhakta Paschimottanasana 2. Yogamudra in Vajrasana     Asana N Reed, importance of Asana. Different types, Standing 1. Parshvakonasana 2. Ekapadbaddhapadmottanasana d. Supine line 1. Sarvangasana 2. Setubandhasana 3. Shavasanaa (Relaxation poisture)     Asavision of practice 80 strokes/min     Total 32       Kapalabhati     Revision of practice 80 strokes/min     New ison of practice 80 strokes/min     hrs 2 hrs /		d. Supine line 1. Navasana/Noukasana		
rapalabhati       Revision of practice 60 strokes/min 3 rounds         Pranayama - 1. Sheetali       Meaning, Need, importance of Pranayama. Different types. Meaning by name, technique, precautionary measures and benefits of each Pranayama         Ashtanga Yoga       Patanjali's Ashtanga Yoga its need and importance.         1. Dhyana (Meditation)       Revision of practice         2. Samadhi       Revision of practice         Suryanamaskara       Revision of practice         1. Different types of Asanas       Asana, Need, importance of Asana.         a. Sitting 1. Vibhakta Paschimottanasana       Asana, Need, importance of Asana.         b. Standing 1. Parshvakonasana       Different types, Asana by name, technique, precautionary measures and benefits of each asana         c. Prone line balancing 1. Mayurasana       Supine line 1. Sarvangasana         d. Supine line 1. Sarvangasana       Shavasanaa         3. Shavasanaa       Revision of practice 80 strokes/min       hrs 2 hrs /         Kapalabhati       Revision of practice 80 strokes/min       arounds		2. Pavanamuktasana		week
Pranayama – 1. Sheetali       Meaning, Need, importance of Pranayama.         2. Sheektari       Different types. Meaning by name, technique, precautionary measures and benefits of each Pranayama         Ashtanga Yoga       Patanjali's Ashtanga Yoga its need and importance.         2. Samadhi       Suryanamaskara         Suryanamaskara       Revision of practice 12 count 10 rounds         Different types of Asanas       Asana, Need, importance of Asana.         2. Yogamudra in Vajrasana       Different types, Asana Vaga its need and importance.         b. Standing 1. Vibhakta Paschimottanasana       Asana, Need, importance of Asana.         2. Yogamudra in Vajrasana       Different types, Asana Vaga its need and importance of Asana.         2. Standing 1. Parshvakonasana       Different types, Asana Vaga its need and importance of Asana.         2. Stabadbaddhapadmottanasana       C. Prone line balancing 1. Mayurasana         d. Supine line 1. Sarvangasana       Shavasanaa         2. Setubandhasana       Shavasanaa         3. Shavasanaa       (Relaxation poisture)         Kapalabhati       Revision of practice 80 strokes/min         3. rounds       strokes/min		Kapalabhati	3 rounds	
2. Sheektari       Different types. Meaning by name, technique, precautionary measures and benefits of each Pranayama         Ashtanga Yoga       Patanjali's Ashtanga Yoga its need and importance.         2. Samadhi       Patanjali's Ashtanga Yoga its need and importance.         2. Samadhi       Revision of practice 12 count 10 rounds         Different types of Asanas       Asana, Need, importance of Asana.         a. Sitting 1. Vibhakta Paschimottanasana       Asana, Need, importance of Asana.         b. Standing 1. Parshvakonasana       Asana by name, technique, precautionary measures and benefits of each asana         c. Prone line balancing 1. Mayurasana       Asana by name, technique, precautionary measures and benefits of each asana         d. Supine line 1. Sarvangasana       Shavasanaa         g. Kapalabhati       Revision of practice 80 strokes/min		Pranayama – 1. Sheetali	Meaning, Need, importance of Pranayama.	]
<b>A</b> shtanga Yoga       Patanjali's Ashtanga Yoga its need and importance.         1. Dhyana (Meditation)       Patanjali's Ashtanga Yoga its need and importance.         2. Samadhi       Patanjali's Ashtanga Yoga its need and importance.         2. Samadhi       Suryanamaskara         Different types of Asanas       Revision of practice 12 count 10 rounds         a. Sitting 1. Vibhakta Paschimottanasana       Asana, Need, importance of Asana.         b. Standing 1. Parshvakonasana       Different types, Asana by name, technique, precautionary measures and benefits of each asana         c. Prone line balancing 1. Mayurasana       Asunay nama, technique, precautionary measures and benefits of each asana         a. Supine line 1. Sarvangasana       Supine line 1. Sarvangasana         b. Standing       Setubandhasana         c. Prone line balancing 1. Mayurasana       hrs 2 hrs /         d. Supine line 1. Sarvangasana       week         yoisture)       Revision of practice 80 strokes/min		2. Sheektari	Different types. Meaning by name,	
Th     Semester     Ashtanga Yoga       Pth     Ashtanga Yoga     Patanjali's Ashtanga Yoga its need and importance.       Patanjali's Ashtanga Yoga its need and importance.     Patanjali's Ashtanga Yoga its need and importance.       Different types of Asanas     Revision of practice 12 count 10 rounds       Different types of Asanas     Asana, Need, importance of Asana.       2. Yogamudra in Vajrasana     Different types,       2. Kapadbaddhapadmottanasana     Asana by name, technique, precautionary measures and benefits of each asana       C. Prone line balancing 1. Mayurasana     Asurayanaa       d. Supine line 1. Sarvangasana     Shavasanaa       2. Setubandhasana     Shavasanaa       3. Shavasanaa     Revision of practice 80 strokes/min       3. rounds     Revision of			technique, precautionary measures and	
Ashtanga Yoga       Patanjali's Ashtanga Yoga its need and importance.         1. Dhyana (Meditation)       Patanjali's Ashtanga Yoga its need and importance.         2. Samadhi       Revision of practice         1. Dhyana (Meditation)       Revision of practice         2. Samadhi       Suryanamaskara         Different types of Asanas       Asana, Need, importance of Asana.         a. Sitting 1. Vibhakta Paschimottanasana       Asana, Need, importance of Asana.         b. Standing 1. Parshvakonasana       Different types,         2. Kapadbaddhapadmottanasana       Asana by name, technique, precautionary measures and benefits of each asana       Total 32         c. Prone line balancing 1. Mayurasana       Supine line 1. Sarvangasana       hrs 2 hrs /         3. Shavasanaa       Revision of practice 80       week         Kapalabhati       Revision of practice 80       strokes/min			Denetits of each Pranavama	
1. Dhyana (Meditation)       importance.         2. Samadhi       importance.         Suryanamaskara       Revision of practice         1. Obyana (Meditation)       importance.         Suryanamaskara       Revision of practice         Different types of Asanas       Asana, Need, importance of Asana.         a. Sitting 1. Vibhakta Paschimottanasana       Asana, Need, importance of Asana.         b. Standing 1. Parshvakonasana       Asana by name, technique, precautionary         c. Prone line balancing 1. Mayurasana       Asana by name, technique, precautionary         d. Supine line 1. Sarvangasana       2. Setubandhasana         3. Shavasanaa       (Relaxation poisture)         Kapalabhati       Revision of practice 80 strokes/min		Ashtanga Yoga	Patanjali's Ashtanga Yoga its need and	
2. Samadhi       2. Samadhi         Suryanamaskara       Revision of practice 12 count 10 rounds         Different types of Asanas       Asana, Need, importance of Asana.         a. Sitting 1. Vibhakta Paschimottanasana       Asana, Need, importance of Asana.         b. Standing 1. Parshvakonasana       Different types, 2. Ekapadbaddhapadmottanasana         c. Prone line balancing 1. Mayurasana       Asana by name, technique, precautionary measures and benefits of each asana         d. Supine line 1. Sarvangasana       Shavasanaa         3. Shavasanaa       (Relaxation poisture)         Kapalabhati       Revision of practice 80 strokes/min		1. Dhyana (Meditation)	importance.	
Juilyanamaskara       Revision of practice 12 count 10 rounds         Different types of Asanas       Asana, Need, importance of Asana.         a. Sitting 1. Vibhakta Paschimottanasana       Asana, Need, importance of Asana.         b. Standing 1. Parshvakonasana       Different types, 2. Ekapadbaddhapadmottanasana         c. Prone line balancing 1. Mayurasana       Asana by name, technique, precautionary measures and benefits of each asana         d. Supine line 1. Sarvangasana       2. Setubandhasana         3. Shavasanaa       (Relaxation poisture)         Kapalabhati       Revision of practice 80 strokes/min 3 rounds		2. Samadhi		
<b>rth</b> Different types of Asanas       Asana, Need, importance of Asana.         a.       Sitting 1. Vibhakta Paschimottanasana       Asana, Need, importance of Asana.         b.       Standing 1. Parshvakonasana       Asana by name, technique, precautionary measures and benefits of each asana         c.       Prone line balancing 1. Mayurasana       Asana by name, technique, precautionary measures and benefits of each asana         d.       Supine line 1. Sarvangasana       Asana age (Relaxation poisture)         Kapalabhati       Revision of practice 80 strokes/min 3 rounds       hrs 2 hrs /		Suryanamaskara	Revision of practice	
<b>yth</b> Sitting 1. Vibhakta Paschimottanasana 2. Yogamudra in Vajrasana b. Standing 1. Parshvakonasana 2. Ekapadbaddhapadmottanasana d. Supine line 1. Sarvangasana d. Supine line 1. Sarvangasana 3. Shavasanaa (Relaxation poisture)Different types, Asana by name, technique, precautionary measures and benefits of each asanaTotal 32Vogamudra in Vajrasana 2. Ekapadbaddhapadmottanasana d. Supine line 1. Sarvangasana (Relaxation poisture)Different types, Asana by name, technique, precautionary measures and benefits of each asanaTotal 32Vogamudra in Vajrasana 2. Ekapadbaddhapadmottanasana d. Supine line 1. Sarvangasana (Relaxation poisture)Nayurasana (Revision of practice 80 strokes/min 3 roundsWeek		Different types of Asanas	Asana Need importance of Asana	-
<b>7th</b> 2. Yogamudra in Vajrasana       Asana by name, technique, precautionary measures and benefits of each asana       Total 32         Semester       2. Ekapadbaddhapadmottanasana       Asana by name, technique, precautionary measures and benefits of each asana       Total 32         c.       Prone line balancing 1. Mayurasana       Asana by name, technique, precautionary measures and benefits of each asana       Total 32         d.       Supine line 1. Sarvangasana       2. Setubandhasana       hrs 2 hrs /         3.       Shavasanaa       (Relaxation poisture)       week         Kapalabhati       Revision of practice 80 strokes/min 3 rounds       strokes/min 3 rounds		a. Sitting 1. Vibhakta Paschimottanasana	Different types,	
The semester     b.     Standing 1. Parshvakonasana     measures and benefits of each asana     Total 32       Semester     2. Ekapadbaddhapadmottanasana     measures and benefits of each asana     Total 32       d.     Supine line 1. Sarvangasana     hrs 2 hrs /     hrs 2 hrs /       3.     Shavasanaa     (Relaxation poisture)     week       Kapalabhati     Revision of practice 80 strokes/min 3 rounds     strokes/min 3 rounds		2. Yogamudra in Vajrasana	Asana by name, technique, precautionary	
Semester       2. Ekapadbaddnapadmottanasana         c.       Prone line balancing 1. Mayurasana         d.       Supine line 1. Sarvangasana         d.       Supine line 1. Sarvangasana         3.       Shavasanaa         (Relaxation         poisture)       Revision of         Kapalabhati       practice 80         strokes/min       3 rounds	7th	b. Standing 1. Parshvakonasana	measures and benefits of each asana	Total 32
d. Supine line 1. Sarvangasana 2. Setubandhasana 3. Shavasanaa (Relaxation poisture) Kapalabhati Revision of practice 80 strokes/min 3. rounds	Semester	2. Ekapadbaddnapadmottanasana		
2. Setubandhasana     3. Shavasanaa     hrs 2 hrs /       (Relaxation     poisture)     week       Kapalabhati     Revision of       strokes/min     3 rounds		d Sunine line 1 Sarvangasana		
3. Shavasanaa (Relaxation poisture)     week       Kapalabhati     Revision of practice 80 strokes/min 3 rounds		2. Setubandhasana		hrs 2 hrs /
(Relaxation poisture)     week       Kapalabhati     Revision of practice 80 strokes/min 3 rounds		3. Shavasanaa		
poisture)     Revision of       Kapalabhati     Revision of       practice 80       strokes/min       3 rounds		(Relaxation		week
Revision of practice 80 strokes/min 3 rounds		poisture)		
strokes/min 3 rounds		Kapalabhati	Revision of	
3 rounds			practice 80 strokes/min	
	}		3 rounds	

	Pranayama — 1. Bhastrika 2. Bhramari	Meaning, Need, importance of Pranayama. Different types. Meaning by name, technique, precautionary measures and benefits of each Pranayama	
8 <sup>th</sup> Semester	Suryanamaskara	Revision of practice 12 count 12 rounds	
	Different types of Asanas a. Sitting 1. Bakasana 2. Hanumanasana 3. Ekapada Rajakapotasana b. Standing 1. Vatayanasana 2. Garudasana 3. Natarajasana c. Balancing 1. Sheershasana d. Supine line 1. Setubandha Sarvangasana 2. Shavasanaa (Relaxation poisture)	Asana, Need, importance of Asana. Different types, Asana by name, technique, precautionary measures and benefits of each asana	Total 32 hrs 2 hrs / week
	Kapalabhati	Revision of practice 100 strokes / min, 3 rounds	
	Pranayama – 1. Nadishodhana 2. Ujjai 3. Bhramari	Revision of practices	
	Shat Kriyas 1. Jalaneti & sutraneti 2. Nouli (only for men) 3. Sheetkarma Kapalabhati	Meaning, Need, importance of Shatkriya. Different types. Meaning by name, technique, precautionary measures and benefits of each Kriya	